BODYTONE



GT12 group training outdoor

ENG

GROUP TRAINING









MEASUREMENTS STRUCTURE WITHOUT ACCESSORIES

311 x 131 x 239 cm

MEASUREMENTS STRUCTURE WITH ACCESSORIES

386 x 150 x 239 cm

NET WEIGHT

253 kg

FRAME

Steel tube $100x50\ cm$ and 3mm thick welded by robotized process, free of projections.

8+8mm plate-to-plate structural connection brackets, for an extra rigid joint

ADJUSTABLE SUPPORT BY POP PIN AND GUIDE

Support for various accessories on chrome-plated steel guide, laser numbered and adjustable in 28 height positions. Double hardened chrome plating treatment for better sliding.

PULL-UP BARS

One on each side of the structure, with different grips.
One straight in the center and open at the ends, painted gray.
The other nickel-plated with straight grip.
32mm diameter, on 60mm structural tube.

STEEL STABILIZER BASES

 $\,$ 6 mm steel stabilizing bases, avoiding buckling of the structure.

This base also allows the work of twin with bar.

Base size 130 x 30 x 3.3 cm.

Bases bolted to the structure and bolted to the floor.

HANGERS

9 galvanized tube hangers of 25mm diameter.

Valid for hanging multiple accessories such as bands, ropes, BTX, rings, boxing bags.

Located 5 in the upper part and 4 in the bases.

RACK SUPPORT FOR OLYMPIC BAR

2 Olympic bar supports, fixed with screws and adjustable in height in 3 positions.

Made of steel and reinforced with non-slip abs to prevent the bar from hitting metal.

SAFETY SUPPORTS

Safety supports fixed with screws and adjustable in height in 3 positions, to avoid any incidence or injury.

Made of steel and reinforced with non-slip ABS to prevent the bar from hitting metal.

Measures of supports 61 x 5 x 36 cm.

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TRICEPS AND CORE AND TRICEPS SUPPORT

Support to perform exercises of bottoms and triceps. Made of steel tube 100x 50mm.

25 mm calibrated steel tube grips.

Non-slip rubber grips of 32mm diameter with conical metal stops. Screwed to the structure and adjustable in 3 heights.

PIVOTING SUPPORT FOR BAR

Support to perform barbell grip exercises on the floor, such as dead weights.

Allows free horizontal and vertical rotation of the bar thanks to its two 25mm steel shafts and inner calibrated steel shaft. Contains abs bolt with threaded insert to adjust the bar. Cylinder measures 40 x 5.7 cm diameter. Suitable for Olympic bars.

BOXING BAG

Included. Made of high density foam for effective punching. PVC coated. Hanging hardware included. Bag measures 120 cm in height x 35 cm in diameter. Weight 35 kg.

CAPACITY OF USERS

Structure designed for group training of 12 to 15 users.

SCREWS

Extra hardness and M12 screws, guaranteeing a perfect and solid assembly. In stainless steel AISI 933.

MATERIALS AND FINISHES

High quality finishes.

Parts in galvanized finish for outdoor.

3.5mm ABS thermoplastic ferrules.

PAINTING PROCESS

5 coats of paint. 200 MICRONS

Steel pickled and stabilized by total immersion of the parts in different degreasing solutions to guarantee a perfect and complete cleaning of the base material. Antirust primer to guarantee an adequate isolation of the internal oxidation and a good adherence of the paint. 2 final coats of polyester epoxy powder paint, dried at 240°C. Surface coat of polyester protective varnish.

DESIGN PROCESS

Biomechanics and ergonomics study under the supervision of professionals and associated athletes. After a long period of design; from the sketch, engineering research, prototype production, testing by professional athletes, our products go to market.

ACCESSORIES

BTX, ROPES, RUBBER BANDS, DISCS AND BARS NOT INCLUDED.





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