

bodytone

BOLD

PROFESSIONALISM
AT ITS FINEST



Move.
Live.
Enjoy.

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BODYTONE, EQUIPPING YOUR GYM

Bodytone is the brand of fitness professionals who are trying to reach out to anyone who wants to train and look after themselves in a sports centre or in their own home.

Bodytone's aim is to improve people's health and happiness by making sport accessible and unique.



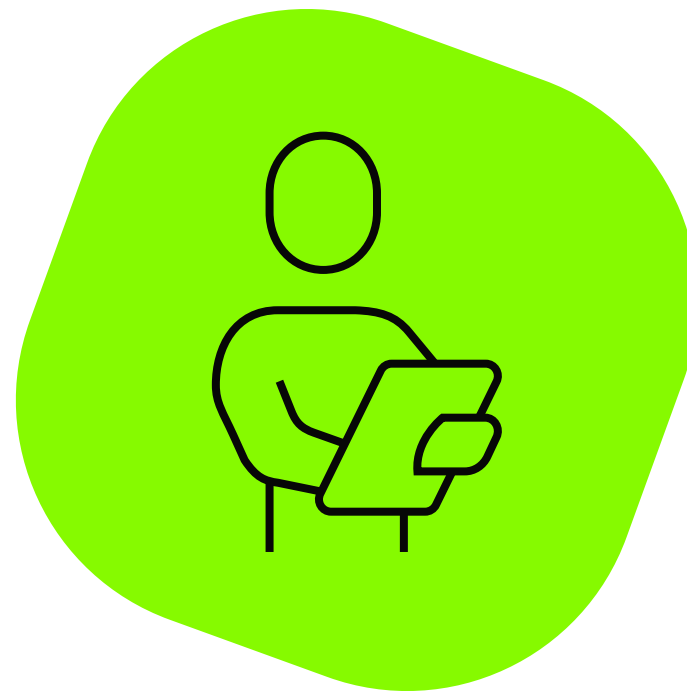


Our passion for sport helps us see things from our customers' point of view. Since the creation of Bodytone, we have worked hand in hand with fitness professionals, listening to their needs and creating products and solutions that improve their sports centers, the experience of their clients and the profitability of their business.

Bodytone equips both large gym chains and independent centers, responding reliably to the highest levels of demand. Likewise, hotels, residential complexes, universities, corporate spaces and clinics trust us.

We design technologically advanced and connected products that are interactive and can track workouts to take the home gym experience to the next level.

The key to Bodytone is to help professionals boost their business:



**TAILOR-MADE
FINANCING**



**CUSTOMER SERVICE AND
UNIQUE GUARANTEES**



**PROFITABILITY FOR
THEIR BUSINESS**



CREATIVE PROCESS: HIGH-LEVEL DESIGNS

Bodytone's design team works every day to create world-class equipment through a successful formula that integrates research centres, professionals and users.

Bodytone has collaboration agreements with relevant research centers around sports and biomechanics from prestigious universities such as the University of Valencia or the Catholic University of Murcia in order to take its products to a higher level in order to provide the maximum experience to the users.

BOLDLINE

Bold is the benchmark in training equipment used in gyms and sports centres, ensuring the highest level in design, service and durability.





ADVANCED FUNCTIONALITY

One of Bodytone´s principal objectives is to offer fitness professionals the best quality equipment for their gyms. For this reason we have designed training equipment, based on comfort and efficiency, for sports centres as well as end users.

BOLDLINE: SCREEN

The products in the Bold range have an optional touch screen that allows the user to see the progress of their training.

REPETICIONES
REALIZADAS

TOTAL CALORIES
BURNED

TOTAL TIME
EXERCISE

USED
WEIGHT

DISTANCE FROM EXECUTION
OF THE EXERCISE

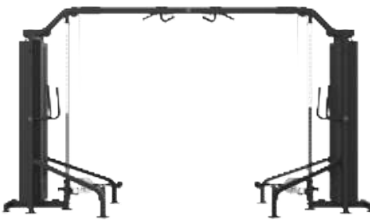
STATUS BAR OF EXECUTION OF
THE EXERCISE

EXERCISE POWER
IN WATTS

Available for these lines:



SELECTORIZED



CROSSOVER

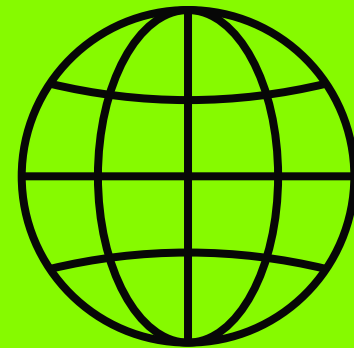




CONNECTIVITY

Our touch screen technology allows the user to record the exercise they do on each machine using the **MyBodytone** or training applications and view their complete workouts.

Why should you choose us:



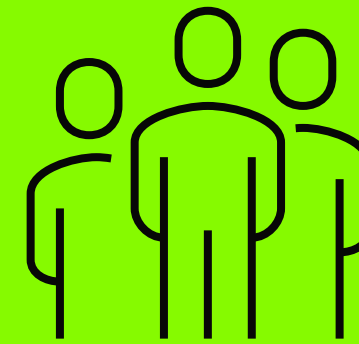
WE KNOW THE MARKET

We have a track record of more than 20 years in the fitness sector and are present in 40 countries across 50 continents.



WE OFFER THE BEST QUALITY

From the first idea, through the creation of the product and its elaborate finish, we work to ensure that our products exceed expectations.



WE HAVE A TEAM OF SPECIALISTS AVAILABLE AT YOUR DISPOSAL

At Bodytone you will always deal with professionals who will suggest the best solutions. We opt for quality people to guarantee you are able to put your confidence in us.



WE ARE WITHIN REACH

We accompany our clients during the equipping process and after sales to advise them and make everything as easy as possible.

THEY TRUST US



The background consists of several overlapping, tilted rectangular shapes in a dark gray color, creating a layered, architectural effect. The rectangles are of varying sizes and are positioned at different angles, some slightly offset from each other, giving a sense of depth and movement.

bodytone

www.bodytone.eu

A photograph of gym equipment, specifically a selectorized machine, with the word 'SELECTORIZED' overlaid in large white text. The machine is black and features a weight stack with labels '1.25 KG' and '2.5 KG'. The brand name 'SOLIDROCK' is visible on the machine's frame. The background is a concrete wall, and the floor is a dark, textured surface. The text 'body' is also visible on the left side of the machine.

SELECTORIZED

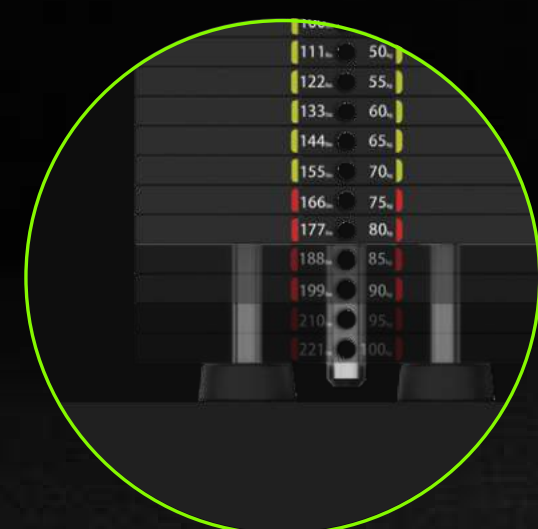
BOLDSELECTORIZED Highlights



OPTIONAL CONNECTIVITY KIT
WITH 9" SCREEN AND NFC



DIGITAL REPETITION
COUNTER



WEIGHT PLATES FROM
7KG TO 107 KG WEIGHT



BOTTLE RACK AND
OBJECT HOLDER
























CARBON UPHOLSTERY
AND TOWEL HOLDER



ANTI-SLIP NON-ABSORBENT
PVC GRIPS

BOLDSELECTORIZED Product Map

CHEST	BACK	SHOULDER	ARMS	ABDOMEN	LEGS	
 CHEST PRESS	 ASSISTED DIP CHIN	 SHOULDER PRESS	 BICEPS	 ABDOMEN	 GLUTE	 INNER
 BUTTERFLY	 HIGH LAT PULLDOWN	 LATERAL RAISE	 TRICEPS		 LEG EXTENSIONS	 OUTER
 CHEST FLY / REAR DELT	 LAT PULLDOWN		 CHEST TRICEPS		 SEATED CURL	 MULTIHIP
	 SEATED ROW				 PRONE CURL	 LEG PRESS



CHEST PRESS

BCP SE

EXERCISES

Horizontal chest press, with an ejection lever, favouring ejection and finalisation of the circuit.

DIMENSIONS

121 x 136 x 150 cm

NET WEIGHT

204 kg

WEIGHT PLATES

107 kg standard, 7 kg plates.





BUTTERFLY

BCB SE

EXERCISES

Machine to do chest contractions, exercising upper and lower pectoral muscles.

DIMENSIONS

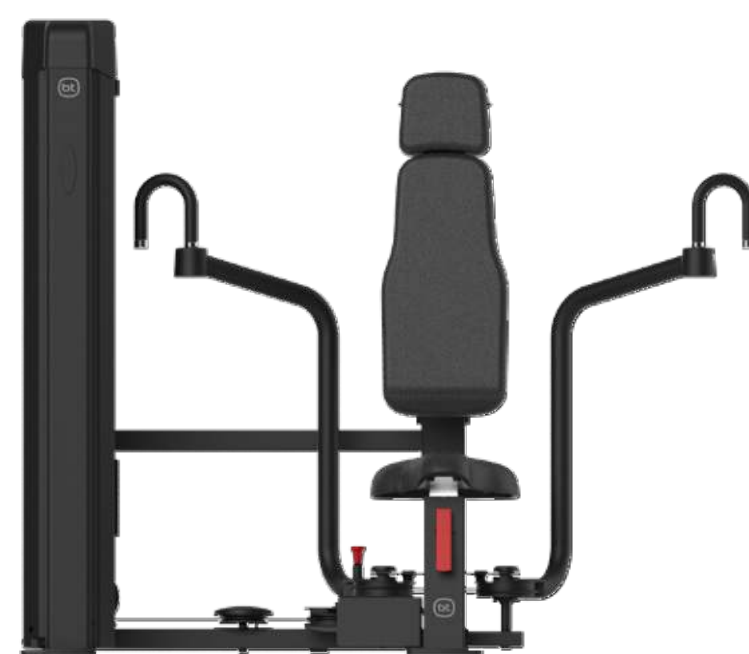
80 x 173 x 150 cm

NET WEIGHT

202 kg

WEIGHT PLATES

107 kg standard, 7 kg plates.



Equivalent to FB02.



HIGH LAT PULLDOWN - LOW ROW

BBHLP SE

EXERCISES

Machine to do pull downs in front of the back, with an open grip and a low pull. Favours the development and range of dorsal muscles.

DIMENSIONS

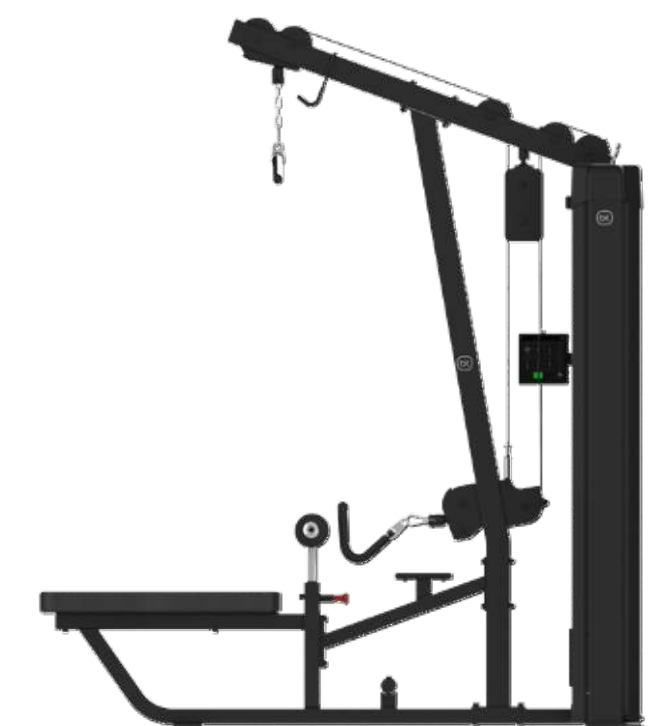
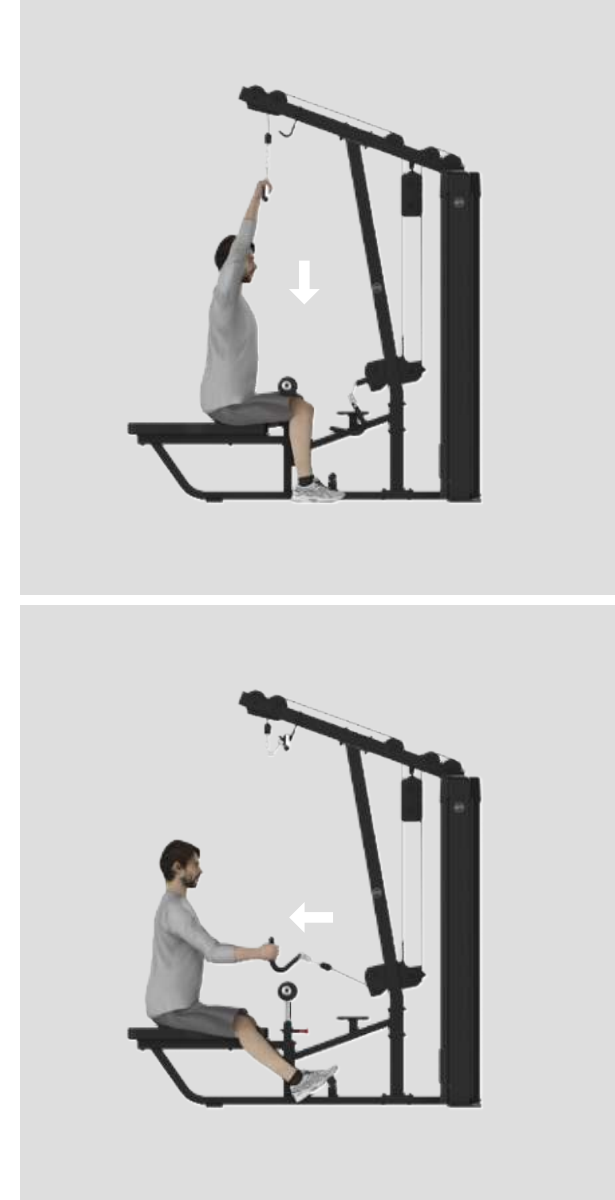
122 x 189 x 223 cm

NET WEIGHT

227 kg

WEIGHT PLATES

107 kg standard, 7 kg plates.





WEIGHT ASSISTED CHIN - DIP COMBO

BBACD SE

EXERCISES

Machine to work the dorsal muscles, using a wide or narrow grip, with the help of weights. We can also work the core and triceps with help.

DIMENSIONS

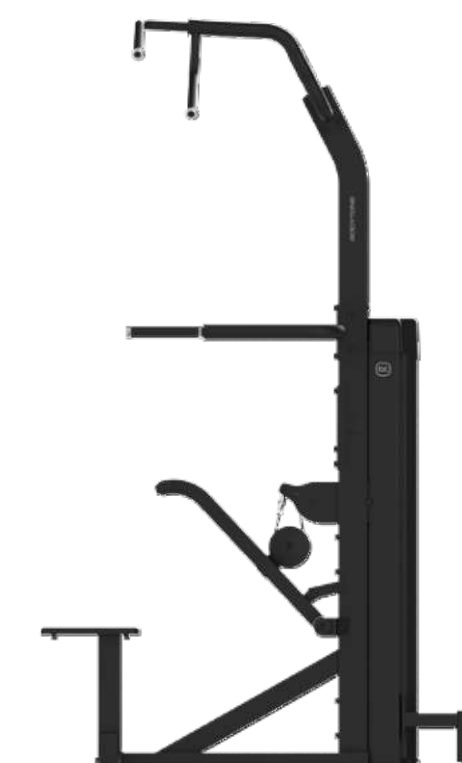
131 x 149 x 250 cm

NET WEIGHT

214 kg

WEIGHT PLATES

107 kg standard, 7 kg plates.



LAT PULLDOWN

BBLP SE

EXERCISES

Machine to do pull downs in front of the back, with an open or closed grip. Favours the development and range of narrow dorsal muscles.

DIMENSIONS

157 x 140 x 192 cm

NET WEIGHT

207 kg

WEIGHT PLATES

107 kg standard, 7 kg plates.



SEATED ROW

BBSR SE

EXERCISES

A seated rowing machine. It specifically works the muscles in the upper part of the back and the narrow dorsal muscles. This exercise helps to improve your posture.

DIMENSIONS

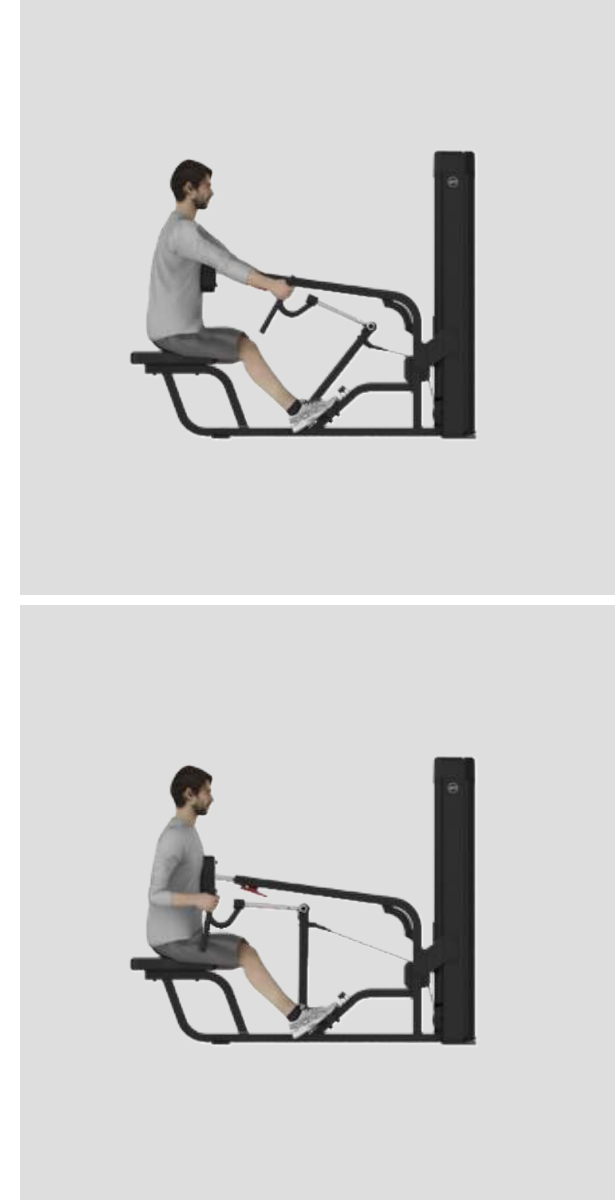
86 x 180 x 150 cm

NET WEIGHT

198,5 kg

WEIGHT PLATES

107 kg standard, 7 kg plates.





SHOULDER PRESS

BS01SE

EXERCISES

Machine to do shoulder presses. Specifically works the deltoid, rhomboid muscles as well as the upper pectoral muscles.

DIMENSIONS

145 x 145 x 150 cm

NET WEIGHT

209,5 kg

WEIGHT PLATES

107 kg standard, 7 kg plates.



Equivalent to FB20.



PEC FLY - REAR DELT

BCFRD SE

EXERCISES

Machine to open up the chest, and the lower part of the shoulders. Its double grip facilitates the diversification of the exercise range.

DIMENSIONS

149 x 141 x 187 cm

NET WEIGHT

227 kg

WEIGHT PLATES

107 kg standard, 7 kg plates.





LATERAL RAISE

BSLR SE

EXERCISES

Machine to do lateral shoulder raises, to ensure that the exercise is completed slowly and in a controlled manner.

DIMENSIONS

75 x 120 x 150 cm

NET WEIGHT

178 kg

WEIGHT PLATES

91 kg standard, 5 kg plates.





BICEPS

BAB SE

EXERCISES

Machine to do bicep curls, with the support of the arms.

DIMENSIONS

119 x 103 x 150 cm

NET WEIGHT

183 kg

WEIGHT PLATES

91 kg standard, 5 kg plates.



Equivalent to FB30.



TRICEPS

BAT SE

EXERCISES

Arm-supported biceps extension machine.

DIMENSIONS

107 x 103 x 150 cm

NET WEIGHT

184 kg

WEIGHT PLATES

93 kg standard, 7 kg plates.



Equivalent to FB31.



CHEST AND TRICEPS

BACT SE

EXERCISES

Machine for performing open-grip chest dips and close-grip triceps dips, both seated.

DIMENSIONS

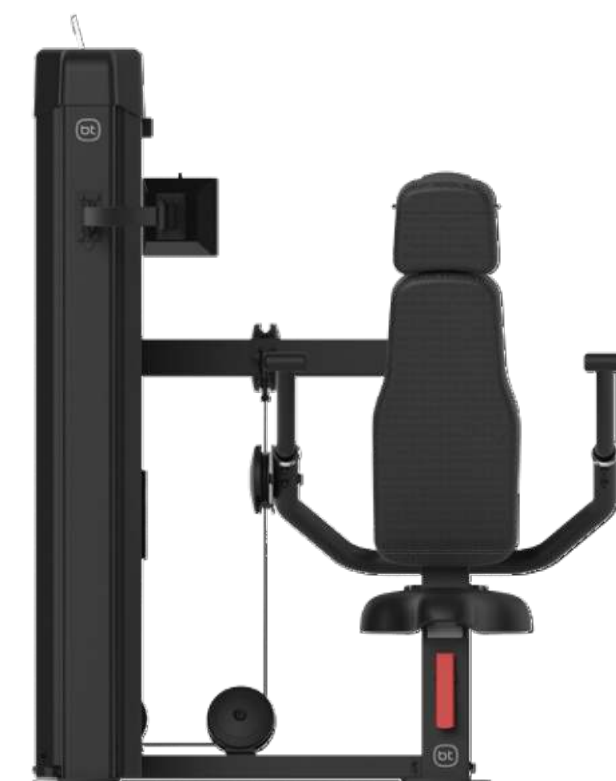
122 x 121 x 150 cm

NET WEIGHT

204,5 kg

WEIGHT PLATES

107 kg standard, 7 kg plates.



Equivalent to FB32.



ABDOMINAL

BAB SE

EXERCISES

Machine to perform abdominal crunches, sitting down.

DIMENSIONS

108 x 100 x 150 cm

NET WEIGHT

196,5 kg

WEIGHT PLATES

107 kg standard, 7 kg plates.



Equivalent to FB40.



GLUTE

BLA SE

EXERCISES

Machine to perform a glute kick-back.

DIMENSIONS

103 x 107 x 150 cm

NET WEIGHT

196,5 kg

WEIGHT PLATES

107 kg standard, 7 kg plates.



Equivalent to FB51.



LEG EXTENSIONS

BLE SE

EXERCISES

Machine to perform quadricep extensions, knowing that this is the only exercise that will isolate them completely.

DIMENSIONS

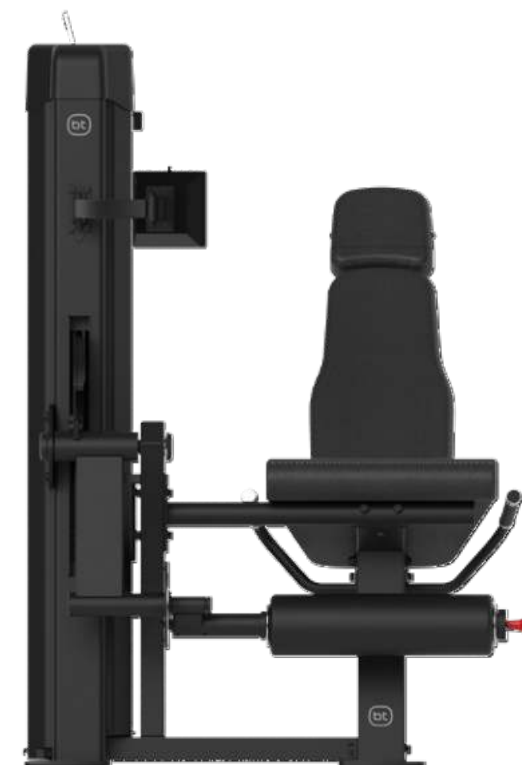
120 x 105 x 150 cm

NET WEIGHT

209 kg

WEIGHT PLATES

107 kg standard, 7 kg plates.



Equivalent to FB52.



SEATED LEG CURL

BLSC SE

EXERCISES

Machine to flex the hamstrings, sitting down, isolating the semitendinosus and semimembranosus femoral biceps.

DIMENSIONS

149 x 103 x 150 cm

NET WEIGHT

202 kg

WEIGHT PLATES

107 kg standard, 7 kg plates.



Equivalent to FB53.



PRONE LEG CURL

BLPC SE

EXERCISES

Machine to flex the hamstrings, lying down, isolating the semitendinosus and semimembranosus femoral biceps.

DIMENSIONS

149 x 103 x 150 cm

NET WEIGHT

202 kg

WEIGHT PLATES

107 kg standard, 7 kg plates.



Equivalent to FB55.



INNER

BLI SE

EXERCISES

Machine to work the hip flexor, separating it outwards with resistance.

DIMENSIONS

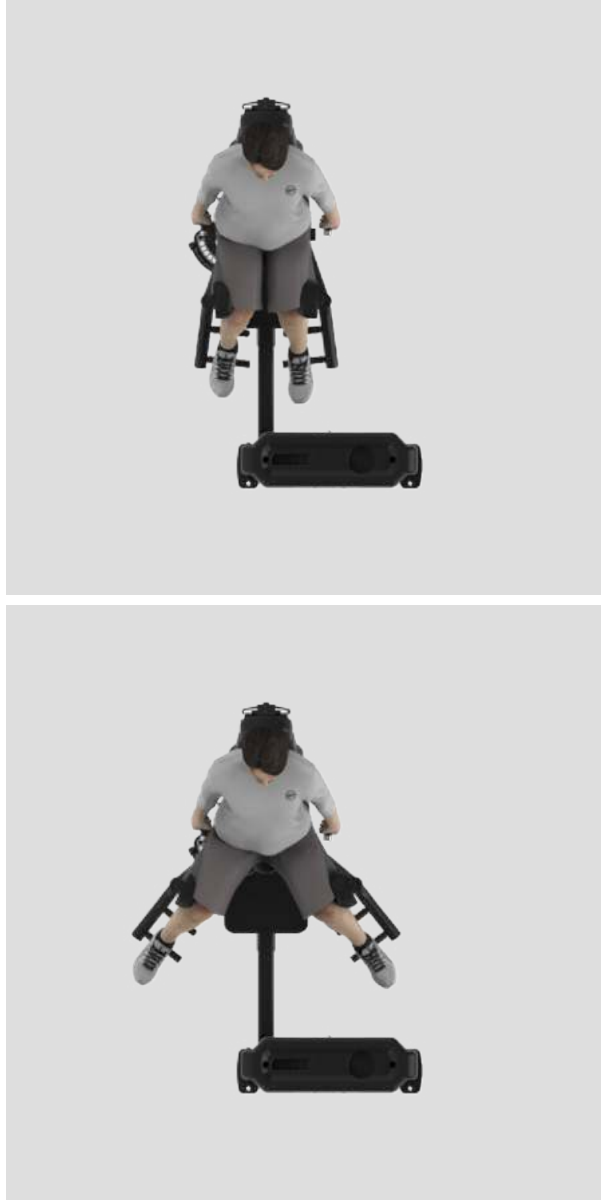
95 x 158 x 150 cm

NET WEIGHT

188 kg

WEIGHT PLATES

91 kg standard, 5 kg plates.



Equivalent to FB56.



OUTER

BLO SE

EXERCISES

Machine to work the hip flexor, pushing it inwards with resistance.

DIMENSIONS

122 x 158 x 150 cm

NET WEIGHT

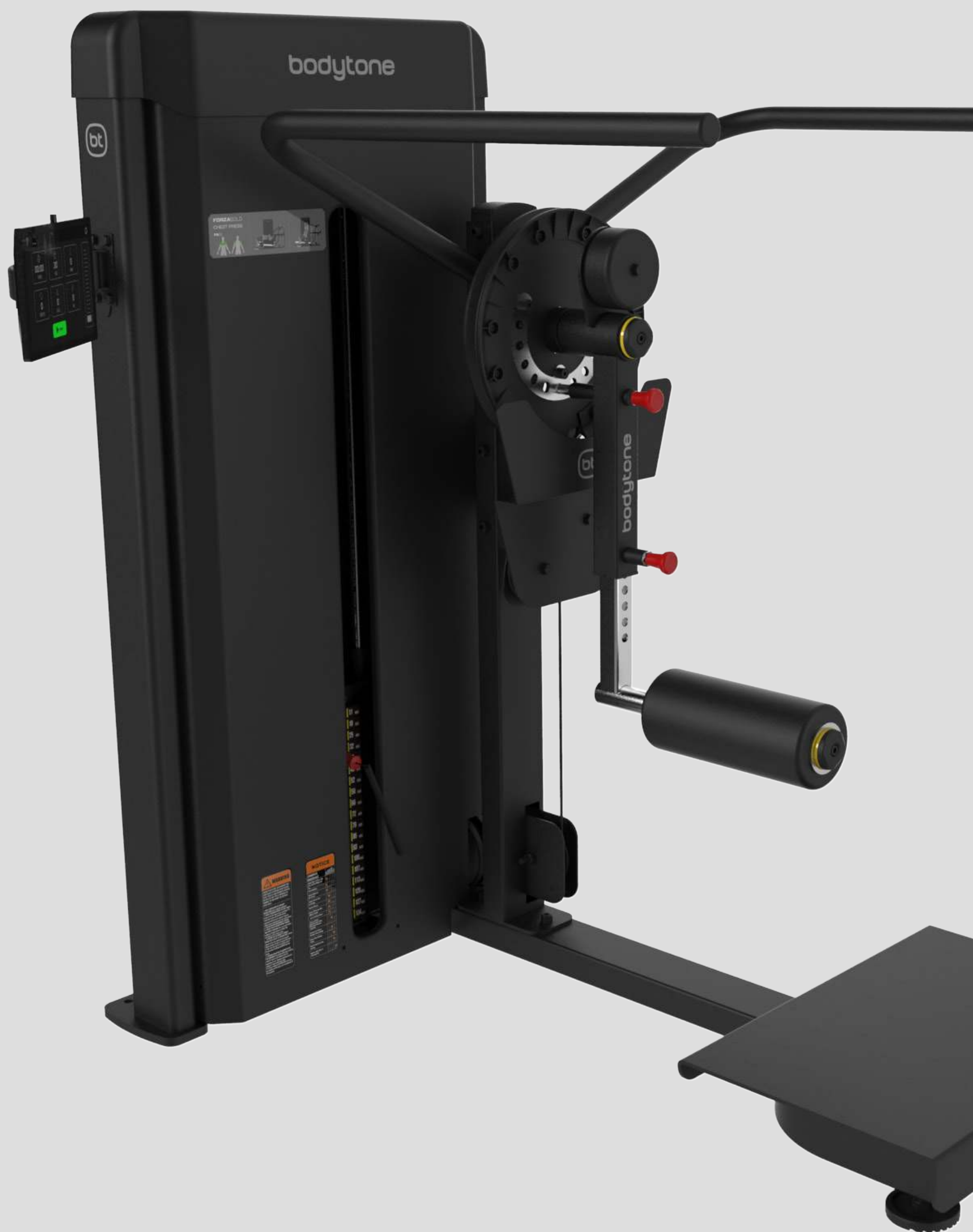
188 kg

WEIGHT PLATES

91 kg standard, 5 kg plates.



Equivalent to FB57.



MULTIHIP

EXERCISES

Hip flex, extension, adduction and abduction machine.

DIMENSIONS

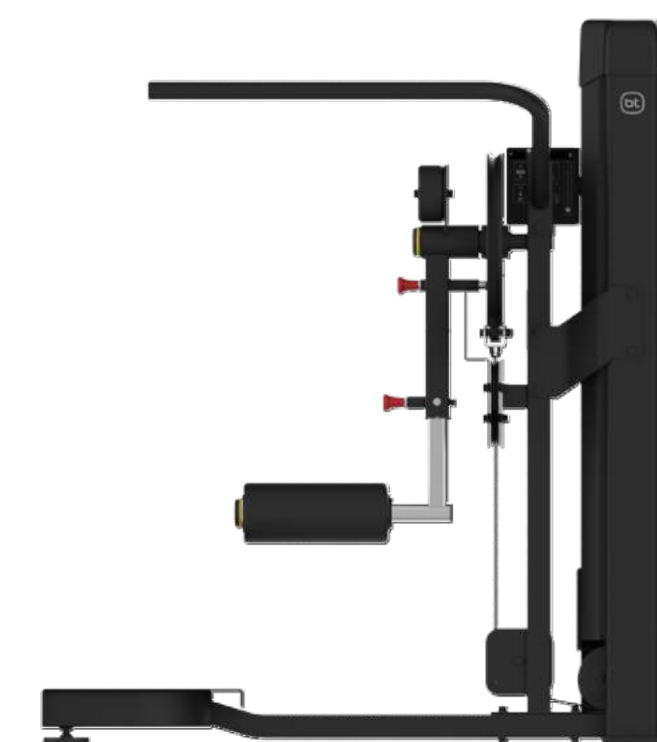
117 x 133 x 150 cm

NET WEIGHT

185 kg

WEIGHT PLATES

107 kg standard, 7 kg plates.



Equivalent to FB58.



LEG PRESS

BLP SE

EXERCISES

Quadriceps, glutes, and hamstring machine.

DIMENSIONS

205 x 117 x 150 cm

NET WEIGHT

254,5 kg

WEIGHT PLATES

134 kg standard, 7 kg plates.



Equivalent to FB59.

BOLDSELECTORIZED Technical Data

STRUCTURE

Self-supporting plate structure: carbon steel tube of 110 x 50 cm and 2.5 mm thickness. Functional part: carbon steel tube of 100 x 50 cm and 2.5 mm thickness. Welded through a robotic process, impact free.

BEARINGS

Ultra-silent ball bearings with a soft sliding motion, allowing a more fluid and pleasant exercise routine.

SHEET PLATING

Stainless steel sheet plating. Treated using durable double chrome plating for a better sliding motion.

PULLEYS

Nylon with a keyhole in V shape. With internal bearings and silent operation.

STEEL CABLES

Covered in PVC with a diameter of 5 mm, allowing a smooth and safe performance. Maximum weight limit before damage: 1,000 kg.

WEIGHT SELECTOR

Magnetic, with colour-coded slabs by intensity level and security wire.

ADJUSTMENT LEVERS

Aluminium, quick release, in red to facilitate retrieval.

PLATE FAIRINGS

ABS thermoforming plate with a thickness of 3 mm, preventing possible accidents.

RACK AND OVERHEAD SLIDE

ABS thermoforming piece with a thickness of 3 mm, including an anti-slip rack and overhead slide.

HANDLES

Anti-slip, non-absorbent PVC.

TOP OF THE HANDLES

Top of the handles and trim made out of aluminium.

UPHOLSTERY

Support, headrest, and seat made out of foam, covered in easy to clean imitation leather, with an anti-allergy treatment.

MATERIALS AND FINISH

High quality finish. ABS thermoplastic metal tips of 3.5 mm.

BASE

Covered in anti-slip rubber.

MAINTENANCE AND LUBRICATION

Lubricated bearings and calibrated sheet plating.

PAINTING PROCESS

3 layers of paint. Pickled steel, established through completely submersing the pieces in different degreasing solutions in order to guarantee a perfectly, complete clean of the material base. Antioxidant priming in order to guarantee a satisfactory isolating of the internal oxidation and to ensure that the paint sticks well. 2 final layers of epoxy, polyester powder paint, dried to 240°C.

DESIGN PROCESS

Study of biomechanics and ergonomics under the supervision of professional and associated athletes. After a lengthy design period; starting from the sketch, engineering research, production of prototypes and tested by professional athletes, our products go out into the market.

A row of black Solidrock gym machines, specifically seated cable machines, is arranged in a modern gym. The gym has a dark, polished floor that reflects the machines and the ceiling. The ceiling features a series of white, curved, arched structures that create a sense of depth and architectural interest. The machines are labeled "SOLIDROCK" and "BODYTECH". The text "PLATE LOADED" is overlaid in large, white, bold letters across the center of the image.

PLATE LOADED

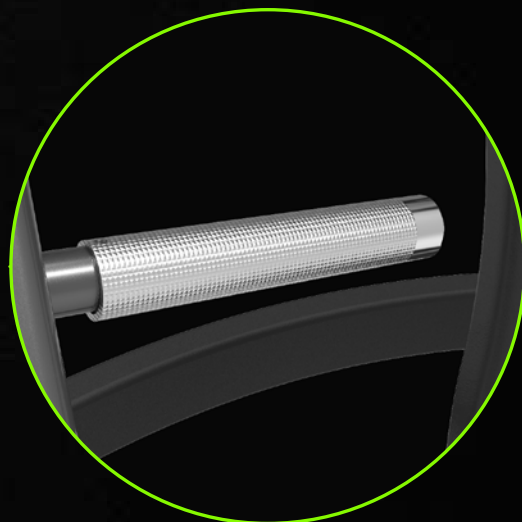
BOLD PLATE LOADED Highlights



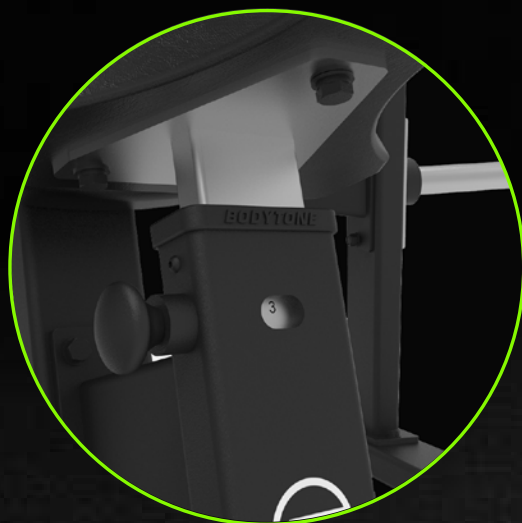
STEEL STORAGE
SUPPORT



UP TO 120KG OF EXERCISE
WEIGHT PER ARM











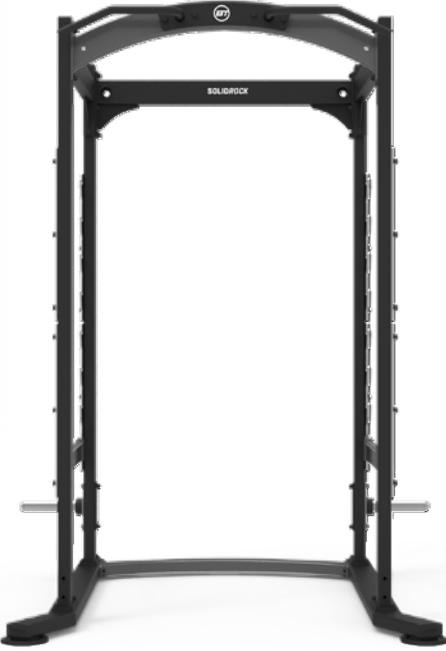

KNURLED HANDLES
FOR BETTER GRIP



HEIGHT-ADJUSTABLE
SEATS



BOLD PLATE LOADED Product Map

CHEST	BACK	SHOULDER	ABDOMEN	LEGS		
 <p>CHEST PRESS</p>	 <p>PULL DOWN</p>	 <p>SHOULDER</p>	 <p>ABDOMEN</p>	 <p>EXTENSIONS</p>	 <p>PRESS</p>	 <p>CURL</p>
 <p>CHEST INCLINED</p>	 <p>BACK ROW</p>			 <p>HACK SQUAT</p>	 <p>POWER RACK</p>	 <p>LEG S</p>



CHEST PRESS

BCP PT

EXERCISES

Horizontal chest press machine.

DIMENSIONS

185 x 107 x 173 cm

NET WEIGHT

155 kg



Equivalent to SR01.



PULL DOWN

BB PD PT

EXERCISE

Isolate back pulldown machine.

DIMENSIONS

148 x 160 x 193 cm

NET WEIGHT

157 kg



Equivalent to SR02.



SHOULDER

BS PT

EXERCISE

Shoulder press machine.

DIMENSIONS

184 x 121 x 143 cm

NET WEIGHT

157 kg



Equivalent to SR03.



CHEST INCLINED

BCI PT

EXERCISE

Incline chest press machine.

DIMENSIONS

191 x 107 x 175 cm

NET WEIGHT

157 kg



Equivalent to SR04.



LEG EXTENSIONS

BLE PT

EXERCISE

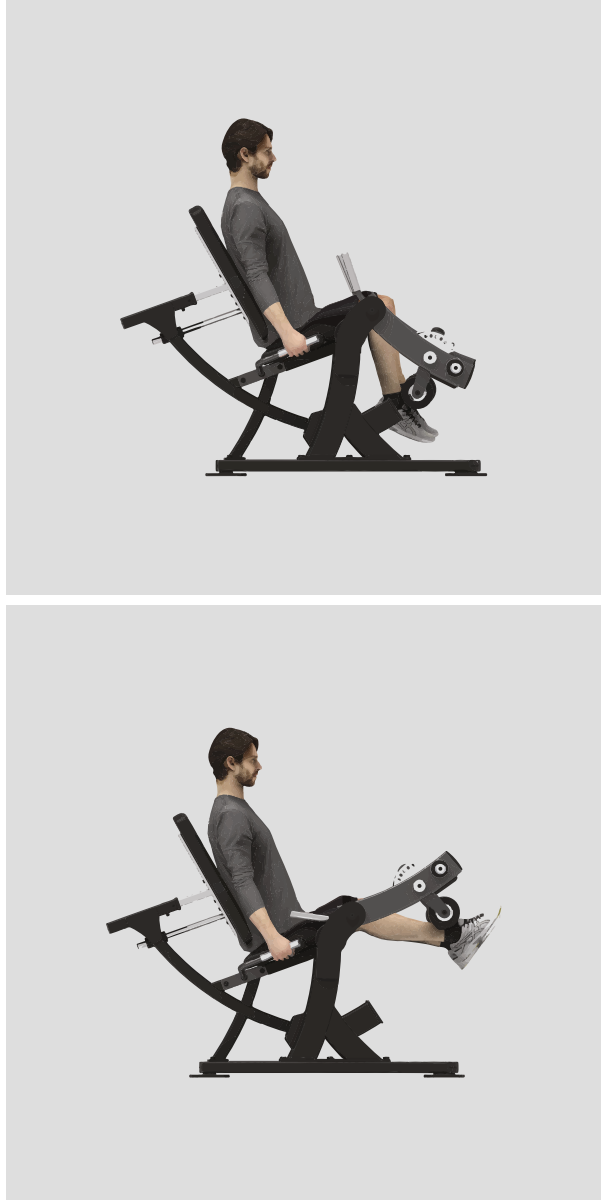
Seated quad extension machine.

DIMENSIONS

153 x 157 x 115 cm

NET WEIGHT

135 kg



Equivalent to SR05.



LEG PRESS

BLP PT

EXERCISE

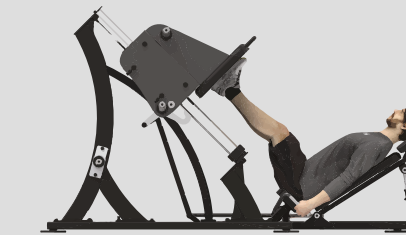
Horizontal quad-focused leg press machine.

DIMENSIONS

250 x 188 x 154 cm

NET WEIGHT

268 kg



Equivalent to SR06.



BACK ROW

BB R PT

EXERCISE

Seated back row machine.

DIMENSIONS

147 x 171 x 133 cm

NET WEIGHT

165 kg



Equivalent to SR07.



LEG CURL

BLC PT

EXERCISE

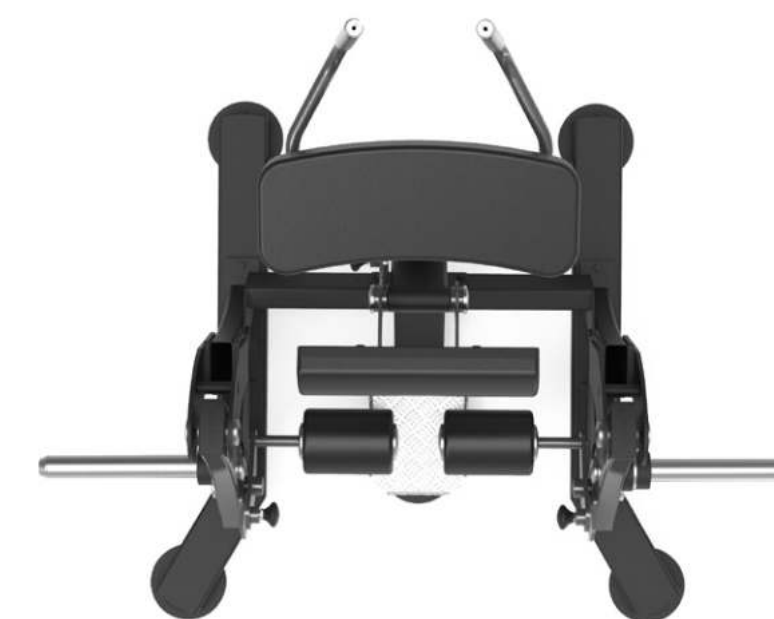
Leg curl machine.

DIMENSIONS

130 x 157 x 118 cm

NET WEIGHT

138 kg



Equivalent to SR08.



LEG HACK SQUAT

BLHS PT

EXERCISE

Incline leg press and hack squat machine.

DIMENSIONS

240 x 190 x 152 cm

NET WEIGHT

305 kg



Equivalent to SR09.



LEG POWER RACK

BLPR PT

EXERCISE

Leg squat rack.

DIMENSIONS

150 x 177 x 232 cm

NET WEIGHT

215 kg



Equivalent to SR10.



ABDOMEN

BAB PT

EXERCISE

Lying glute machine.

DIMENSIONS

146 x 201 x 79 cm

NET WEIGHT

157 kg



Equivalent to SR11.



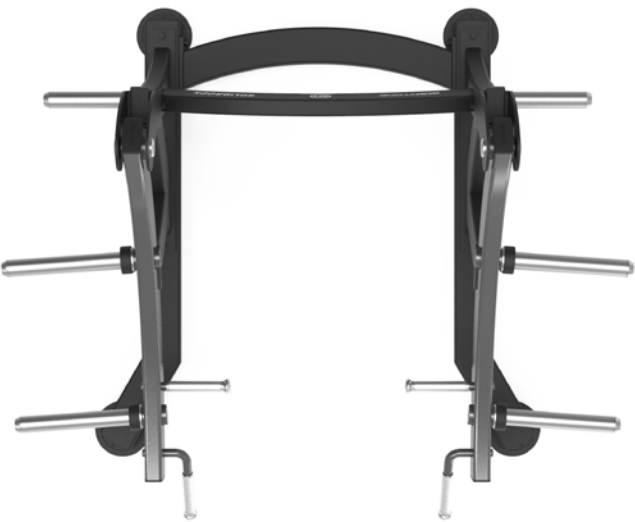
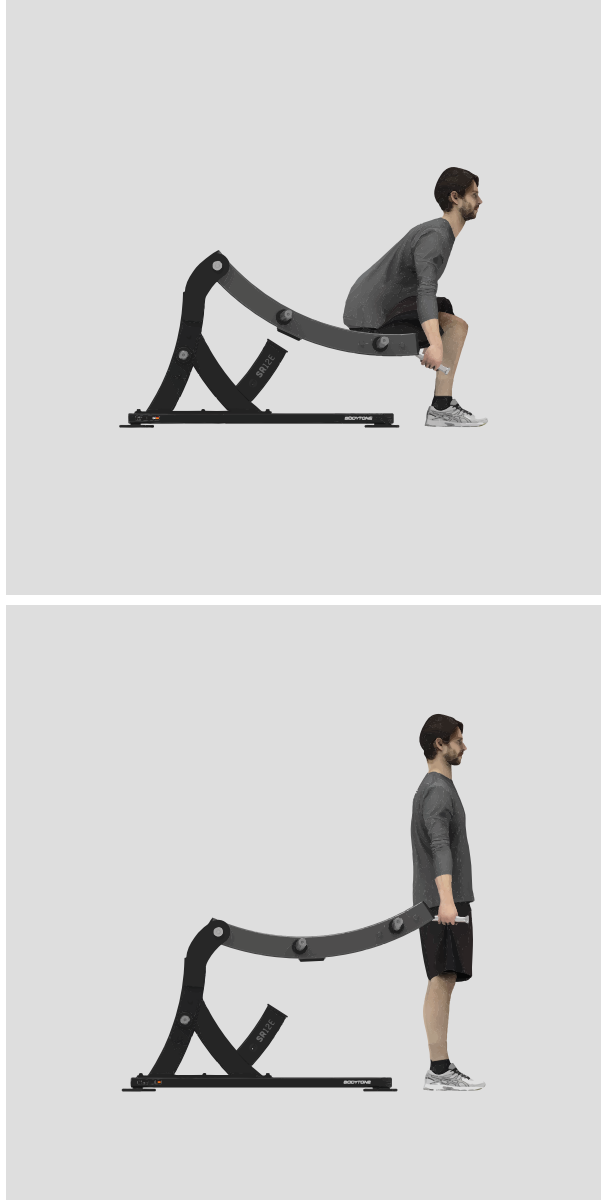
LEG S

BLS PT

EXERCISE
Squat machine.

DIMENSIONS
174 x 156 x 87 cm

NET WEIGHT
119 kg



Equivalent to SR12.

BOLD PLATE LOADED **Technical data**

LOAD CAPACITY

310 mm supports for 6 Bodytone discs of 20 kg per side (up to 240 kg for training). 2 supports storage of 4 Bodytone discs of 20 kg per side.

USER HEIGHT

Our machines are designed for a very wide spectrum of users, allowing them to be adjusted to adapt to different user heights, from 150 to 200 cm approx.

STRUCTURE

Steel tube of 110x52 mm, with a thickness of 3 mm welded in compliance with UNE EN 10219, S-275-J0H quality. Enriched and optimised to ensure a fluid bending process, thus avoiding damages. Cold bending process using a 4-roll system, avoiding deformation and ensuring robust physical structure of the equipment.

HANDLES

Anodised aluminium, knurled to promote grip.

PAINTING PROCESS

3 layers of paint. Pickled and stabilised steel through a process of total immersion of the pieces in different degreasing solutions to guarantee a perfect and complete cleaning of the base material. Antioxidant primer to ensure adequate insulation from internal oxidation and good paint adhesion. 2 final coats of epoxy polyester powder paint, dried at 240°.

DESIGN PROCESS

Expert biomechanical and ergonomic research supervised by professionals and athletes from the sector. A lengthy research and planning period is carried out: producing technical drawings, followed by engineering research, prototype production and testing by professional athletes. After this thorough process, our products go to market.

WELDING

Closed perimeter welding at structural points and joint plates.

ADJUSTMENTS

Chrome seat post adjustable in 8 positions and laser numbered.

ASSEMBLY PROCESS

10 mm plate-to-plate system to avoid slack and torsion in the areas of maximum stress. An ergonomic and biomechanical study to optimise each exercise.

SHAFTS

10 mm thick plates laser cut with another 10 mm thick plate to reinforce and achieve a smooth movement without looseness or twisting caused by continuous use or load.

BEARINGS

SFK double tapered roller bearing, housed in a closed bushing, anti-backlash, ensuring consistent direction of movement.

SEAT AND BACKREST

Faux leather resistant to sweat, antibacterial and anti-allergen. EVA foam backrest, seat and rollers made with a unique mould that does not deform.

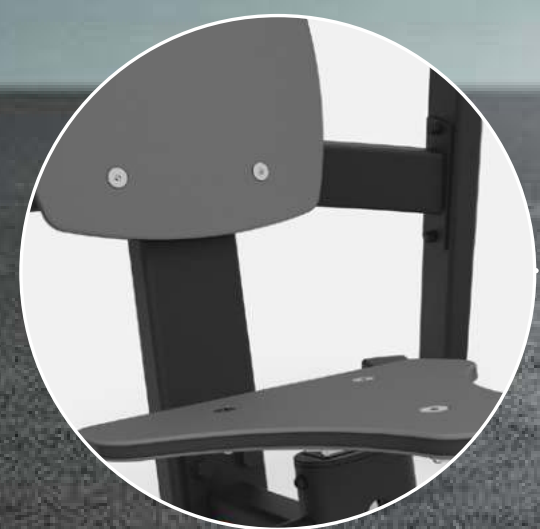
OTHER

Supports for discs in burnished steel, which provides more stability to the machine. Screwed aluminium top. Screw hardness of 10.9

BOLD PLATE LOADED **OUTDOOR** Highlights



CLOSED DISC
SUPPORT



BACK AND SEAT IN HIGH
RESISTANCE PHENOLIC



5 LAYERS OF EXTERIOR
RESISTANT PAINT



BOLD PLATE LOADED OUTDOOR Product Map

CHEST



CHEST PRESS



CHEST INCLINED

BACK



PULL DOWN



BACK ROW

SHOULDER



SHOULDER

LEGS



EXTENSIONS



CURL



CHEST PRESS OUTDOOR

BCP PTO

EXERCISES

Horizontal chest press machine.

DIMENSIONS

185 x 107 x 173 cm

NET WEIGHT

195 kg



Equivalent to SR010.



PULL DOWN OUTDOOR

BB PD PTO

EXERCISE

Isolate back pulldown machine.

DIMENSIONS

148 x 160 x 193 cm

NET WEIGHT

217 kg



Equivalent to SR02O.



SHOULDER outdoor

BS PTO

EXERCISE
Shoulder press machine.

DIMENSIONS
184 x 121 x 143 cm

NET WEIGHT
197 kg



Equivalent to SR03O.



CHEST INCLINED OUTDOOR

BCI PTO

EXERCISE

Incline chest press machine.

DIMENSIONS

191 x 107 x 175 cm

NET WEIGHT

197 kg



Equivalent to SR04O.



LEG EXTENSIONS OUTDOOR

BLE PTO

EXERCISE

Seated quad extension machine.

DIMENSIONS

153 x 157 x 115 cm

NET WEIGHT

175 kg



Equivalent to SR050.

BACK ROW OUTDOOR

BB R PTO

EXERCISE

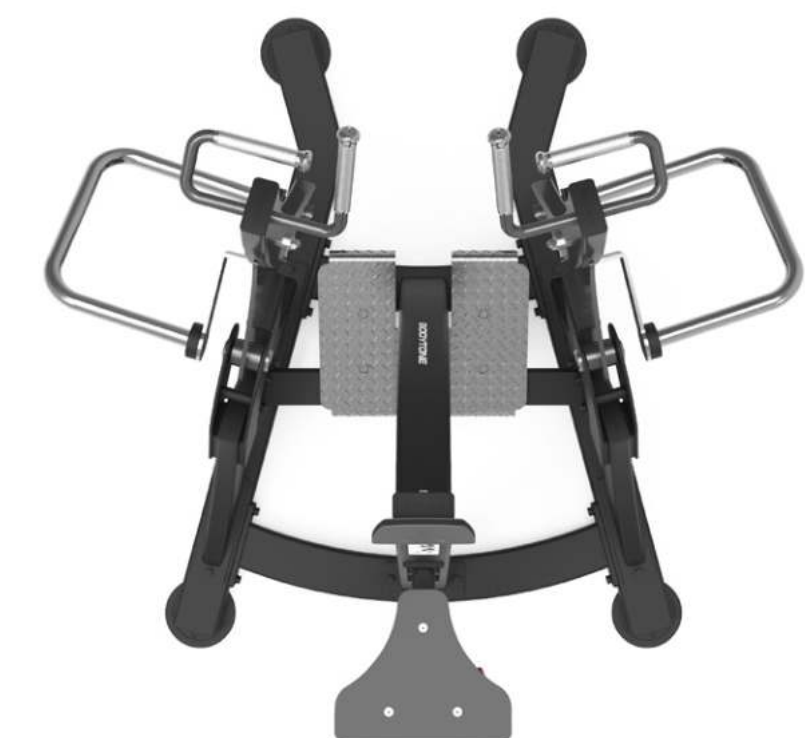
Seated back row machine.

DIMENSIONS

147 x 171 x 133 cm

NET WEIGHT

225 kg



Equivalent to SR070.



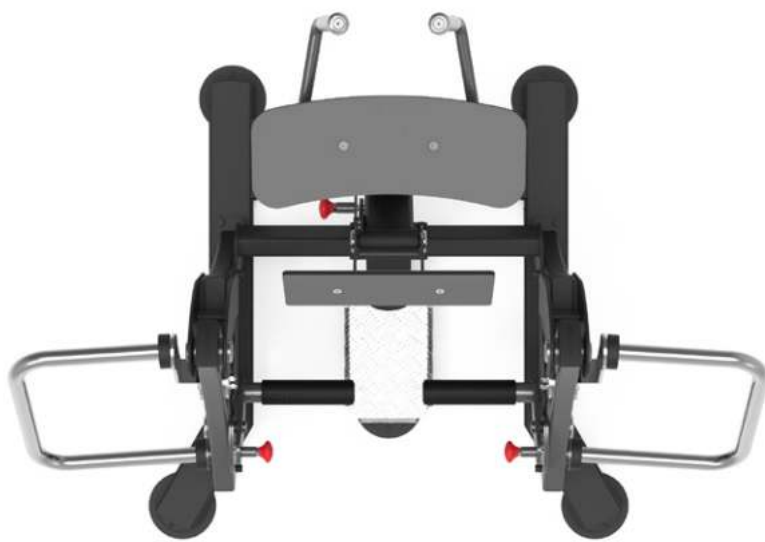
LEG CURL OUTDOOR

BLC PTO

EXERCISE
Leg curl machine.

DIMENSIONS
130 x 157 x 118 cm

NET WEIGHT
138 kg



Equivalent to SR080.

BOLD PLATE LOADED OUTDOOR **Technical data**

STRUCTURE

110 x 52 mm steel tubes with 3 mm thickness. Welded according to the UNE 10219 regulation, quality S-275-J0H. Enriched and optimised to maintain a constant section in the bending process, thus avoiding sensitive areas and minimising damage. Cold bending process, by means of a 4-roll system, avoiding any deformation in the process and maintaining the physical characteristics of the entire piece.

PAINTING PROCESS

5 layers of paint. 200 microns Steel pickled and stabilised by total immersion of the pieces in different degreasing solutions to guarantee a perfect and complete cleaning of the base material. Zinc phosphate anti-rust primer to ensure adequate insulation from internal oxidation and good paint adhesion. 3 final coats of epoxy polyester powder paint, especially for exteriors, drying at 240°C. Surface layer of protective polyester varnish.

AXLE SUPPORT

10 mm thick laser cut plates with another 10 mm thick plate to reinforce and achieve smooth movement without slack or twisting caused by continuous use or load.

SHAFTS

AISI 316 stainless steel machined shaft, austenitic steels more resistant to corrosion compared to class A2 thanks to the presence of molybdenum, which allows use in aggressive environments such as boiling sulfuric acid or in environments containing chlorides up to certain levels. Widely used in pulp, food and shipping industries.

SEAT AND BACKREST

Seat featuring special 25 mm backrest PHENOLIC BOARD High resistance to climatic changes, to abrasion and moisture.

HANDLES

Anodized aluminium, knurled favouring grip.

WELDING

Closed perimeter welding at structural points and joint plates.

SCREWS

In AISI 933 stainless steel, tensile strength of 700 Newton/mm².

SUPPORTS

Tube supports with a diameter of 50mm and a thickness of 3mm in AISI 316 stainless steel, special anti-corrosion in marine environments. Closed disc system with protection against vandalism.

SEAT POST

Seat post in AISI 316 stainless steel, special anti-corrosion in marine environments. Adjustable with 8 laser engraved positions. Regulation system by means of a single bolt, made of techno-polymer with a breaking weight of 750 kg.

OTHER

4 non-slip rubber bases. Independent movements

CROSSOVER



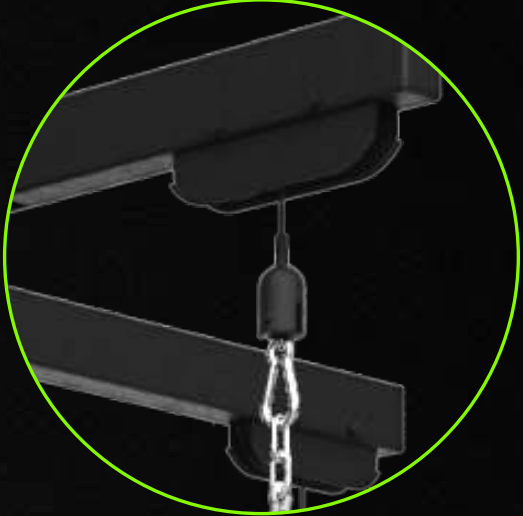
BOLD CROSSOVER Highlights



TRAINING DISPLAY WITH
CONNECTIVITY (OPTIONAL)



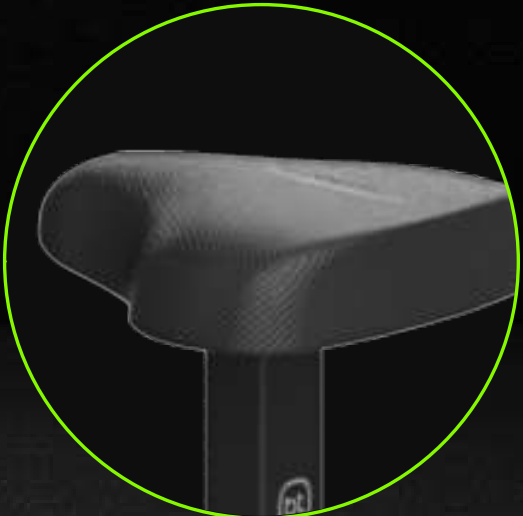
DIFFERENT TYPES
OF EXERCISES



NYLON ULTRA-QUIET
PULLEYS



WEIGHT PLATES OF 95KG AND 71 KG
(OPTIONAL 125KG AND 93KG)



LEATHER UPHOLSTERY WITH
HIGH-DENSITY FOAM

BOLD CROSSOVER Product Map

1 STATION

2 STATIONS

4 STATIONS

7 STATIONS

10 STATIONS





I STATION

EC/IS

1 pulley adjustable in 29 height positions.

DIMENSIONS

99 x 120 x 230 cm

NET WEIGHT

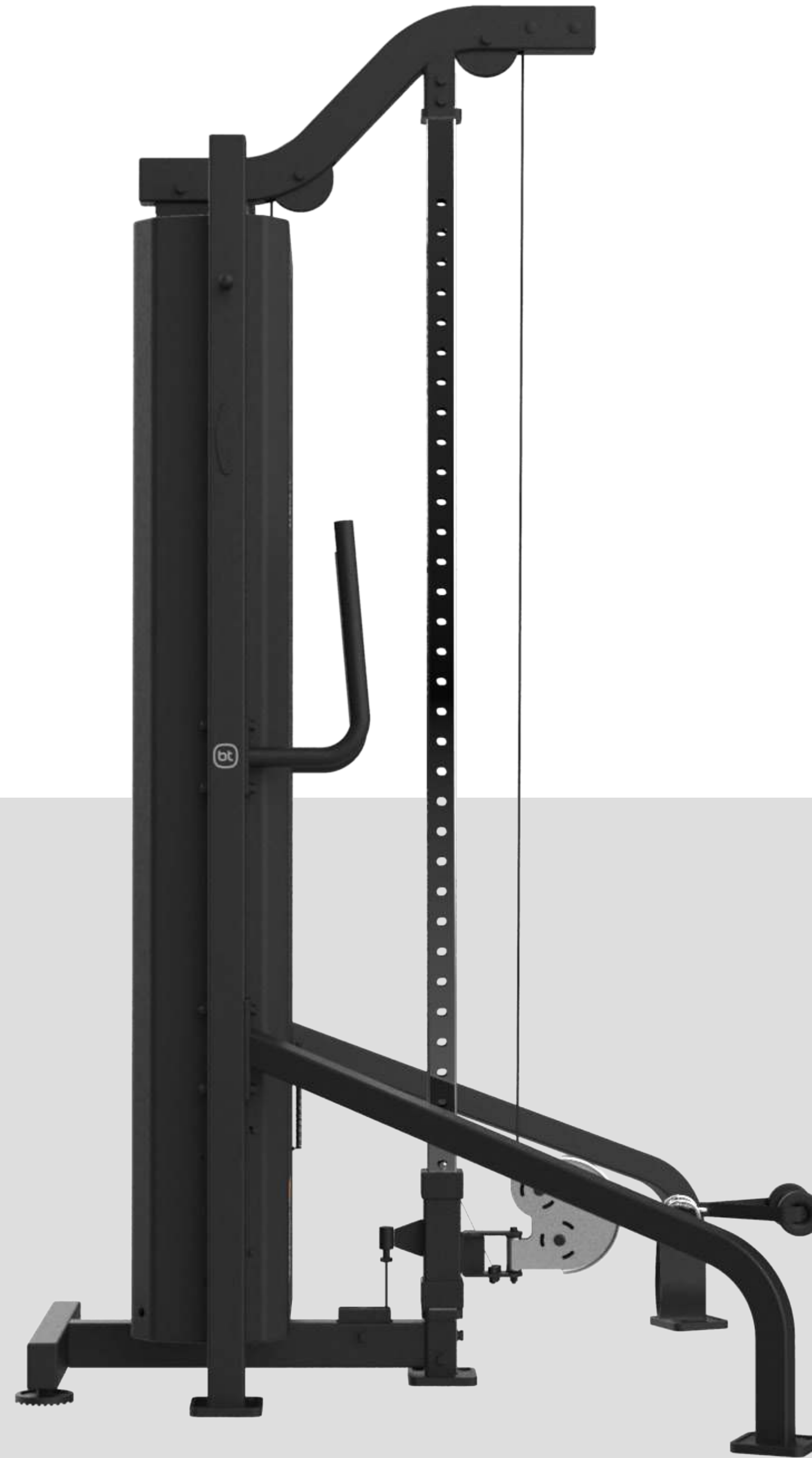
180 Kg

WEIGHT PLATES

One 95 kg column (125 kg optional version)

MAX. SIMULTANEOUS USERS

1 user



1X HEIGHT ADJUSTABLE
PULLEY

1 STATION



2 STATIONS

EC02

2 cross pulleys adjustable in 29 height positions, 1 grip for neutral pull-up and 1 grip for prone or supine pull-up with angulation at ends.

DIMENSIONS

395 x 78 x 240 cm

NET WEIGHT

390 Kg

WEIGHT PLATES

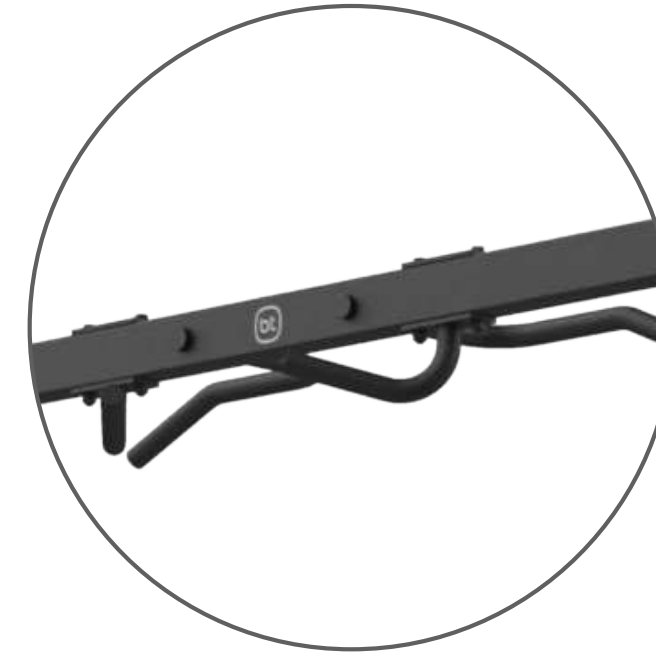
Two 95 kg columns (125 kg optional version)

MAX. SIMULTANEOUS USERS

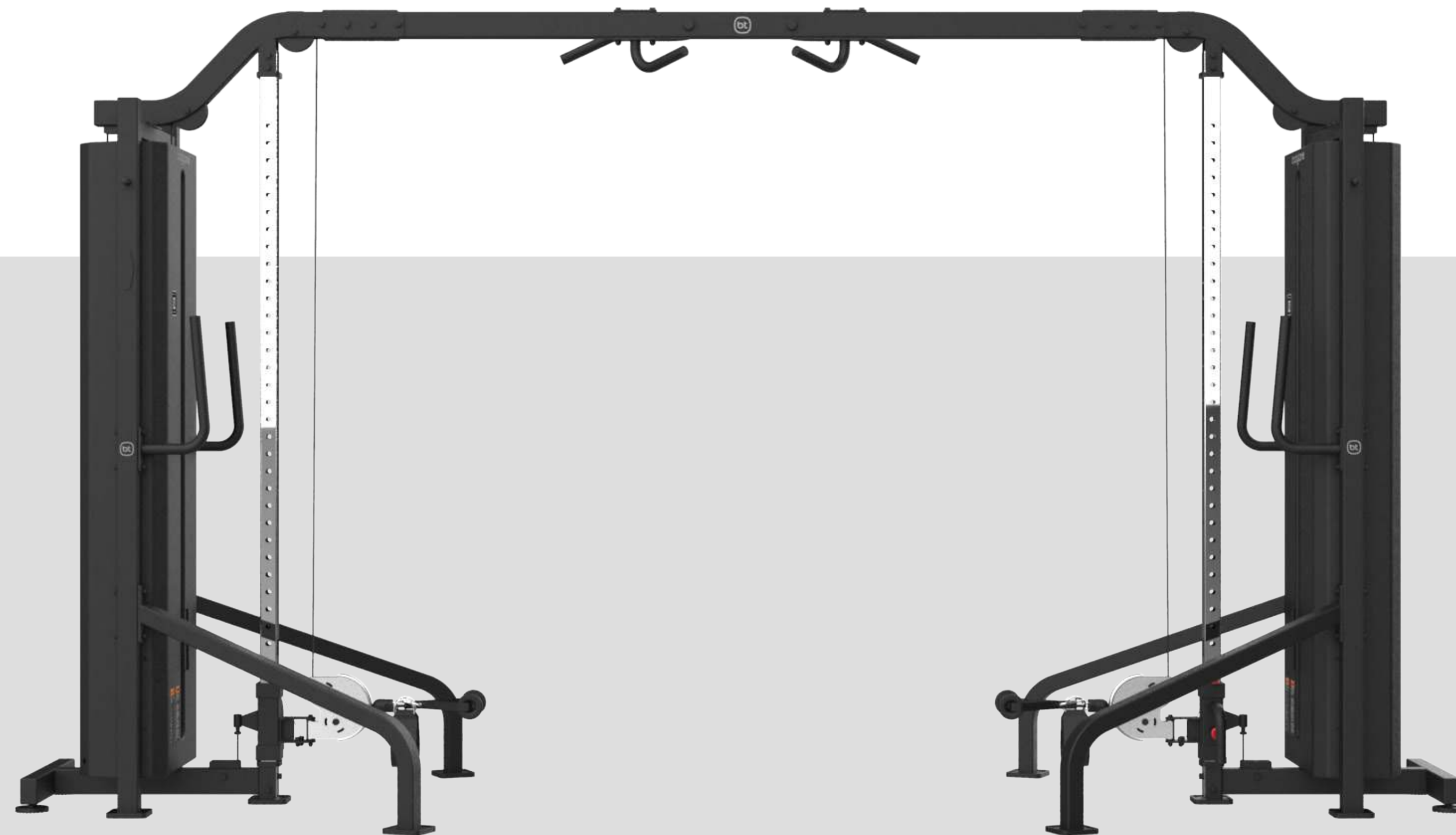
2 users



2X HEIGHT ADJUSTABLE
PULLEYS



1X GRIP FOR
PULL-UPS



2 STATIONS



4 STATIONS

EC/4S

2 high pulleys for pulldowns, 2 high triceps pulleys with lumbar support, 2 adjustable cross pulleys in 29 height positions, 2 low rows, 1 neutral pull-up grip and 1 prone or supine pull-up grip with angulation at ends.

DIMENSIONS

380 x 184 x 236 cm

NET WEIGHT

658 Kg

WEIGHT PLATES

Three 95 kg columns (125 kg optional version)
and one 71 kg column (93 kg optional version)

MAX. SIMULTANEOUS USERS

4 users



1X HIGH PULLEY
FOR PULLDOWNS



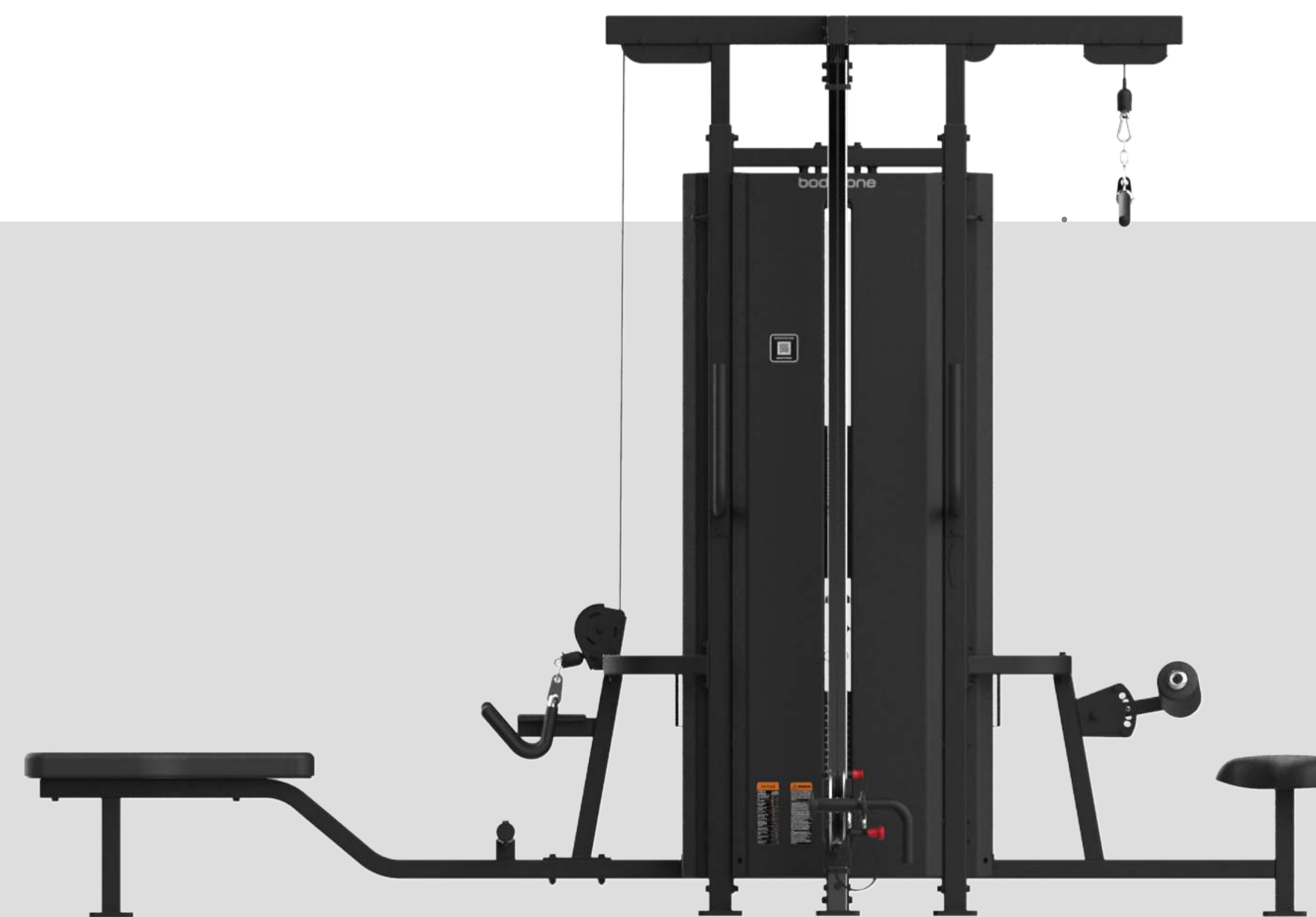
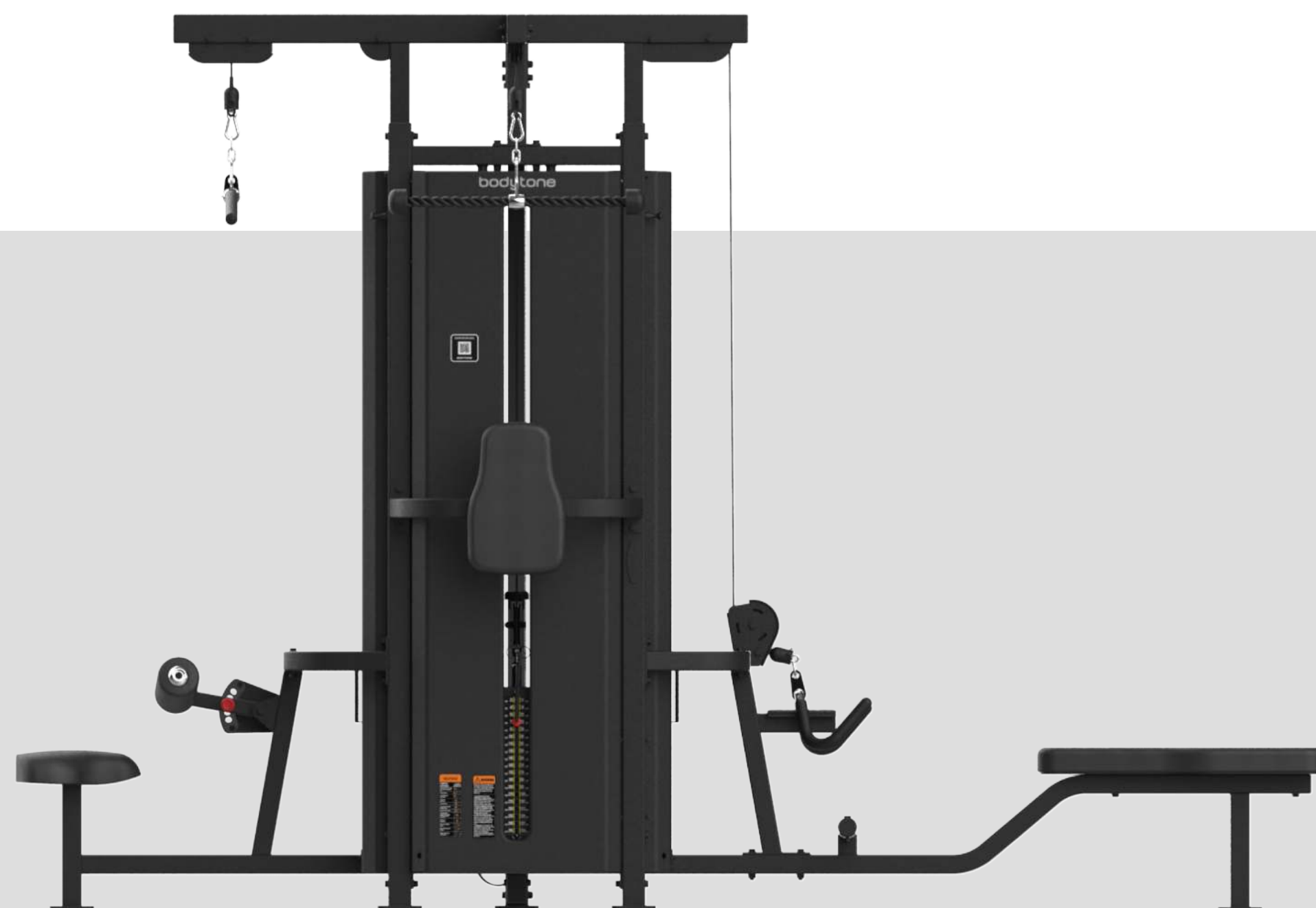
1X HIGH PULLEY
FOR TRICEPS



1X LOW ROW
PULLEY



1X HEIGHT ADJUSTABLE
PULLEY



4 STATIONS



7 STATIONS

EC07

1 high pulley for pulldowns, 1 high triceps pulley with lumbar support, 2 adjustable cross pulleys in 29 height positions, 1 low row, 1 neutral pull-up grip and 1 prone/supine pull-up grip with angulation at ends.

DIMENSIONS

485 x 385 x 240 cm

NET WEIGHT

868 Kg

WEIGHT PLATES

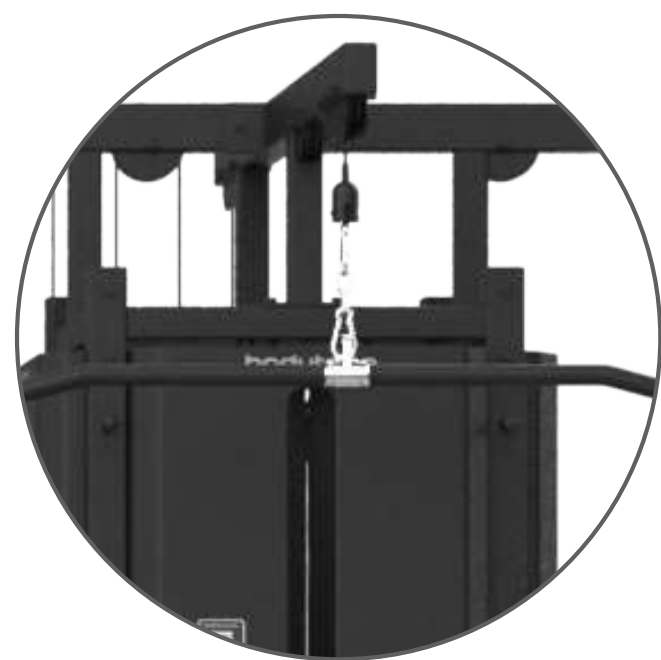
Four 95 kg columns (125 kg optional version) and one 71 kg column (93 kg optional version)

MAX. SIMULTANEOUS USERS

7 users



1X HIGH PULLEY
FOR PULLDOWNS



1X HIGH PULLEY
FOR TRICEPS



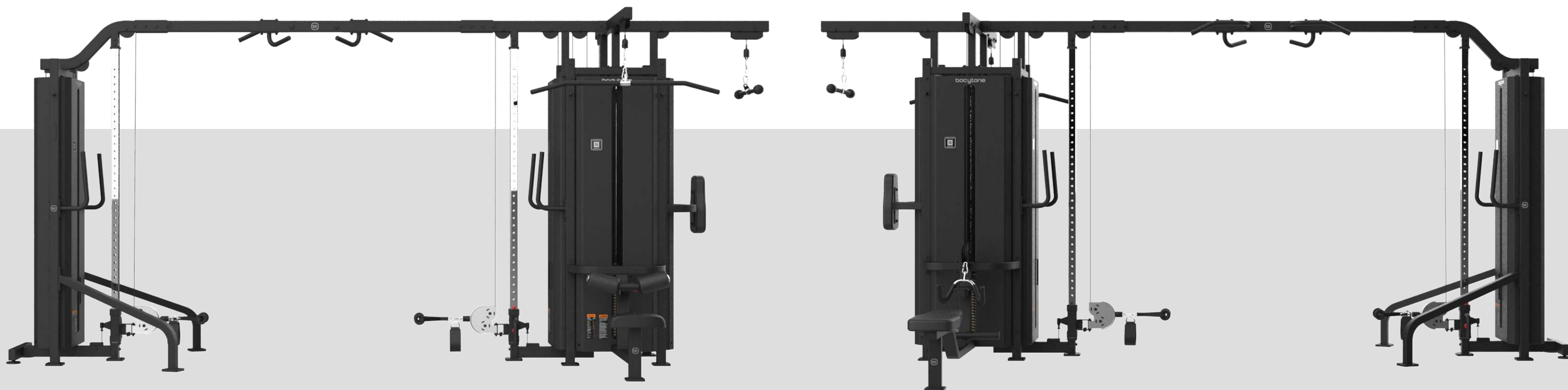
1X LOW ROW
PULLEY



2X HEIGHT ADJUSTABLE
PULLEYS



1X GRIP FOR
PULL-UPS



7 STATIONS



10 STATIONS

EC10

2 high pulleys for lat pulldowns, 2 high triceps pulleys with lumbar support, 2 adjustable crossover pulleys in 29 height positions, 2 low rows, 1 neutral pull-up grip and 1 prone or supine pull-up grip with angled ends.

DIMENSIONS

568 x 488 x 240 cm

NET WEIGHT

1346 Kg

WEIGHT PLATES

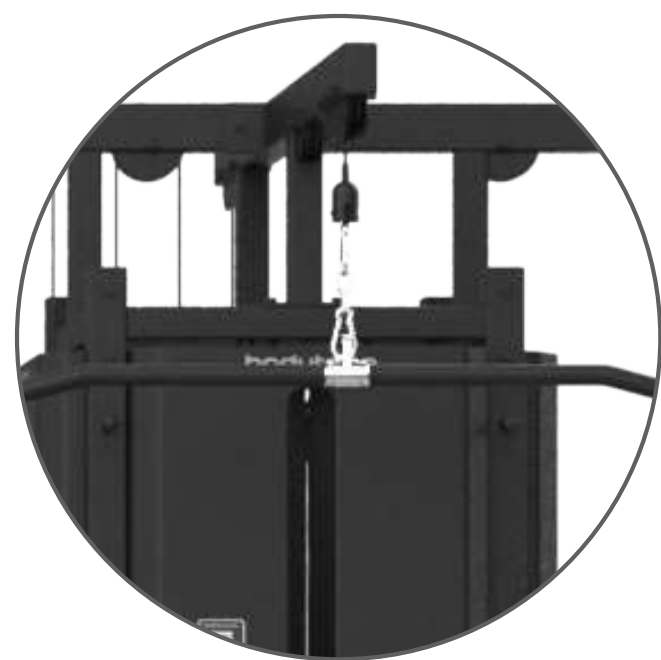
Six 95 kg columns (125 kg optional version)
and two 71 kg column (93 kg optional version)

MAX. SIMULTANEOUS USERS

10 users



2X HIGH PULLEYS
FOR PULLDOWNS



2X HIGH PULLEYS
FOR TRICEPS



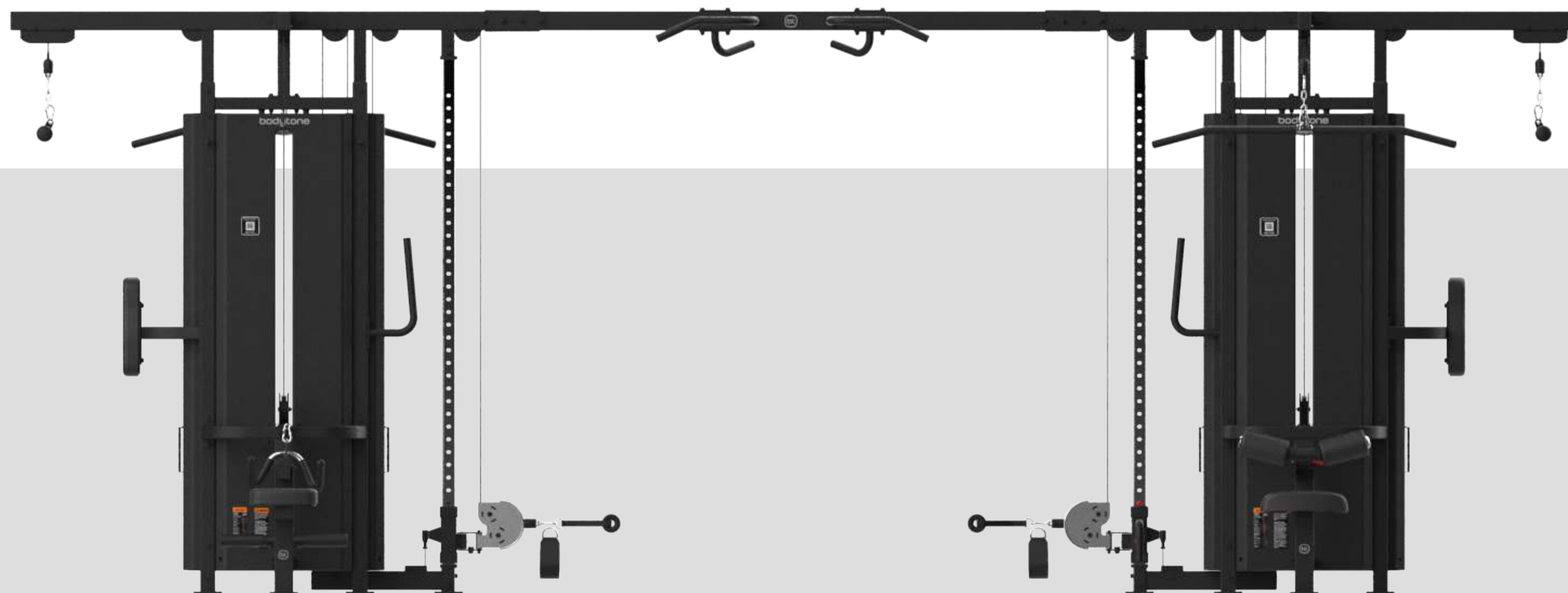
2X LOW ROW
PULLEYS



2X HEIGHT ADJUSTABLE
PULLEYS



1X GRIP FOR
PULL-UPS



10 STATIONS

BOLDCROSSOVER **Technical data**

STRUCTURE

High strength 3mm steel tube, laser cut for greater precision, and welded using a robotic process.

TRANSMISSION

6 mm thick PVC coated steel cable with a resistance of up to 900 kg.

BASES

Made of 3M non-slip material to ensure the safety of the support.

PLATE GUIDES

Calibrated solid carbon steel with double hardened chrome treatment for better sliding of the weight plates. PULLEYS Nylon with an internal bearing and silent operation.

PULLEYS

Nylon with internal bearings and silent operation.

STEEL CABLES

95 kg columns (125 kg option) and 71 kg columns (93 kg option).

WEIGHT SELECTOR

Magnetic with ergonomic rotor and safety cable.

UPHOLSTERING

Leather upholstery, sweat resistant, anti-allergy and antibacterial, with a special high-density foam filling.

PAINTING PROCESS

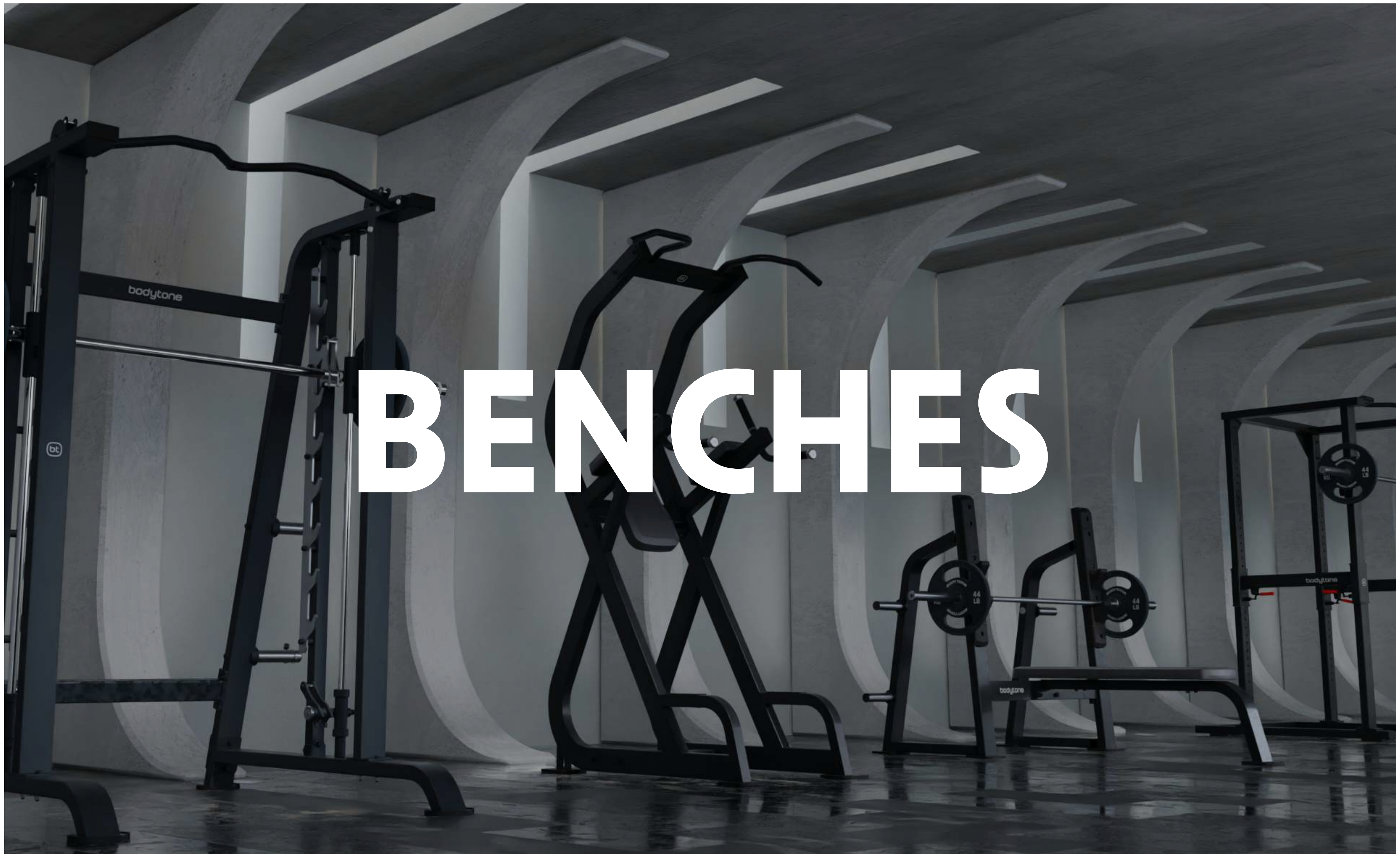
7 layers of paint. 3 protection layers and 4 paint layers. Stripped and stabilised steel through total immersion of the parts in different degreasing solutions to guarantee a perfect and full cleaning of the base material. Antioxidant primer to ensure adequate insulation from internal oxidation and good paint adhesion. 2 final layers of polyester epoxy paint powder, dried at 240 C.

DESIGN PROCESS

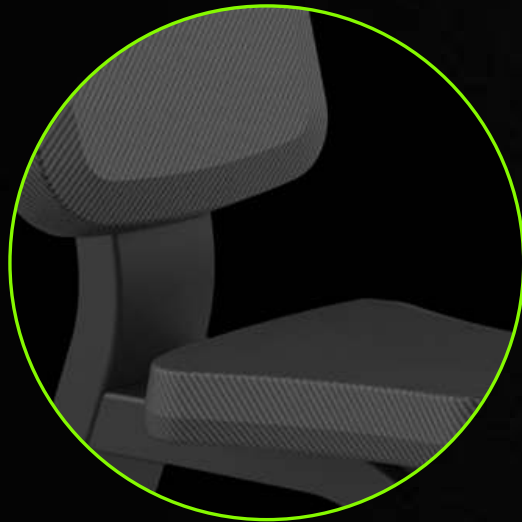
Study of biomechanics and ergonomics under the supervision of professionals and athletes.

After a long design period: project outline, engineering research, prototype production, testing by professional athletes, and finally our products go on the market.

BENCHES



BOLD BENCHES Highlights



SEATS AND BACKREST
INJECTED WITH FOAM AND
UPHOLSTERED IN CARBON FIBER







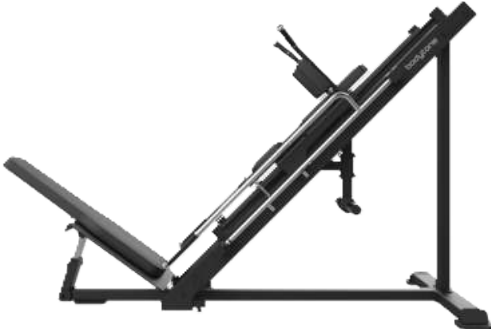












ROBUST STRUCTURE
OF STEEL



ADJUSTABLE SEAT
IN DIFFERENT POSITIONS



BOLD BENCHES Product Map

CHEST	BACK	SHOULDER	ABDOMEN	LEGS		MULTIAREA
 <p>CHEST OLYMPIC DECLINE</p>	 <p>BACK EXTENSION</p>	 <p>OLYMPIC SHOULDER</p>	 <p>ABDOMEN VERTICAL KNEE</p>	 <p>LEG SMITH</p>	 <p>LEG SEATED CALF</p>	 <p>MULTI</p>
 <p>CHEST</p>	 <p>BACK ARM</p>	<p>ARMS</p>  <p>BICEPS</p>	 <p>ABDOMEN</p>	 <p>LEG SISSY SQUAT</p>	 <p>SMITH</p>	 <p>UTILITY</p>
 <p>OLYMPIC FLAT</p>				 <p>LEG POWER RACK</p>		 <p>FLAT</p>



CHEST OLYMPIC DECLINE

BBCOD

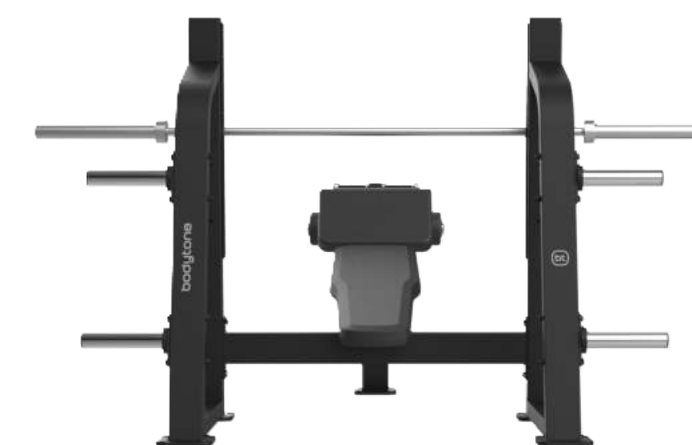
Recommended for decline chest
press exercises.

DIMENSIONS

214 x 170 x 129 cm

NET WEIGHT

88 kg





CHEST

BBC02

Recommended for upper chest press exercises.

DIMENSIONS

203 x 170 x 148 cm

NET WEIGHT

116 kg





OLYMPIC FLAT

BBOF

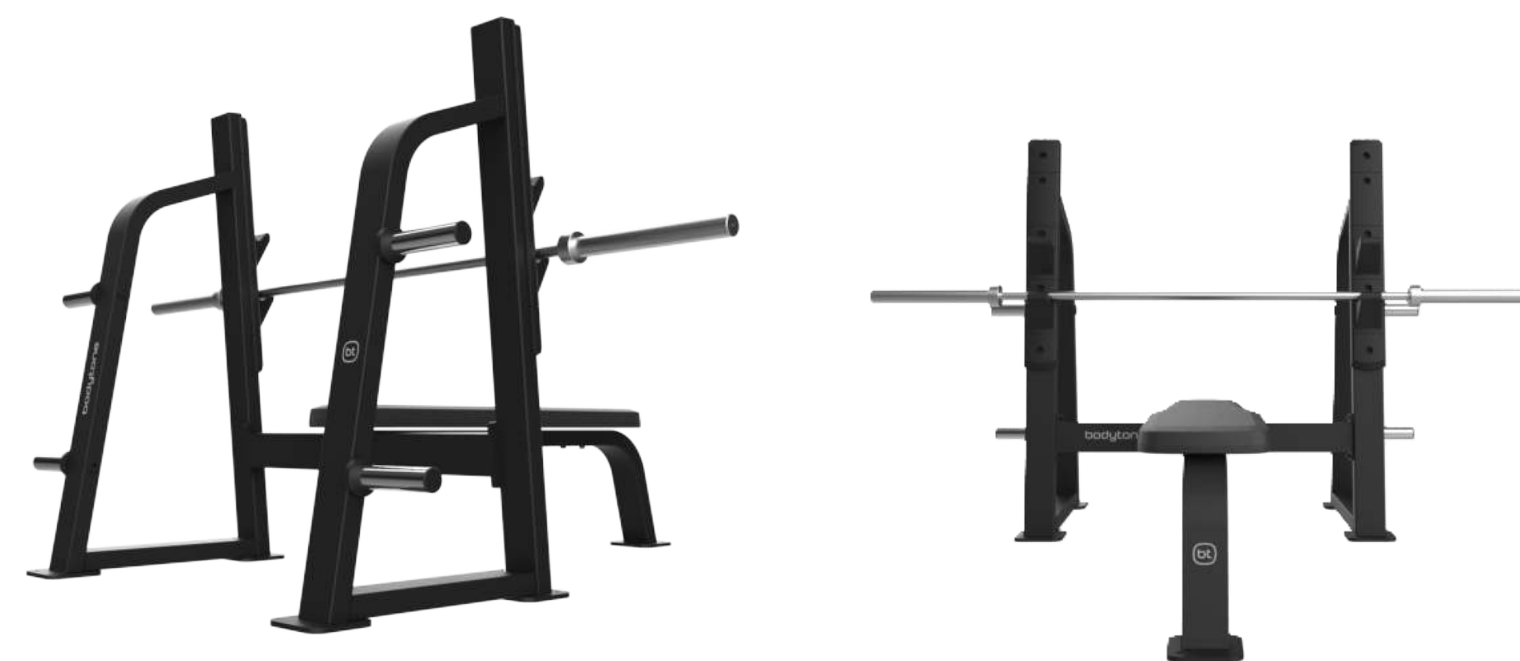
Recommended for horizontal chest
press exercises.

DIMENSIONS

196 x 170 x 133 cm

NET WEIGHT

75 kg





BACK EXTENSION

BBBE

Recommended for lumbar, gluteal
and hamstring exercises.

DIMENSIONS

125 x 105 x 71 cm

NET WEIGHT

50 kg





BACK ARM

BBBA

Recommended for back, biceps, trapezius and delts exercises.

DIMENSIONS

175 x 96 x 116 cm

NET WEIGHT

56 kg





OLYMPIC SHOULDER

BBOS

Recommended for front and back shoulder press exercises.

DIMENSIONS

148 x 180 x 186 cm

NET WEIGHT

145 kg





BICEPS

BBB

Recommended for upper body exercises.

DIMENSIONS

121 x 87 x 93 cm

NET WEIGHT

46 kg





ABDOMEN VERTICAL KNEE

BBAVK

Sit-ups with leg lift. Back and biceps on pull-up bar. Recommended for chest and triceps dips.

DIMENSIONS

131 x 76 x 231 cm

NET WEIGHT

95 kg





ABDOMEN

BBAB

Recommended for all kinds of abs (abdominal) exercises at different inclinations.

DIMENSIONS

168 x 68 x 87 cm

NET WEIGHT

49 kg





LEG PRESS

BBLP

Indicated for leg and abdominal training exercises

DIMENSIONS

235 x 124 x 150 cm

NET WEIGHT

170 kg





LEG SEATED CALF

BBLSC

Recommended for calf exercises.

DIMENSIONS

143 x 56 x 81 cm

NET WEIGHT

48 kg





LEG SISSY SQUAT

BBLSS

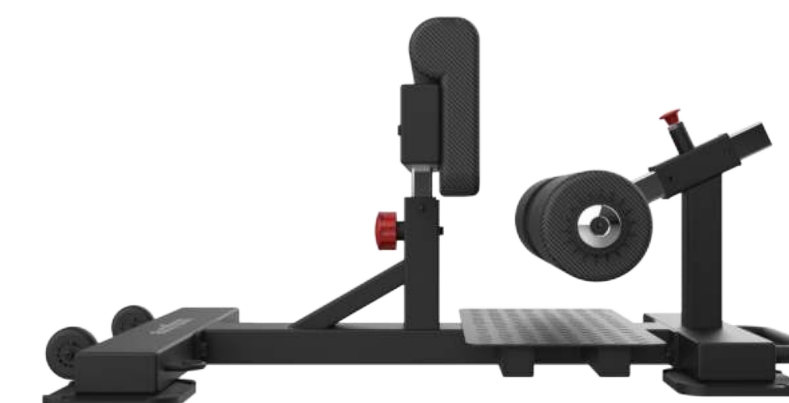
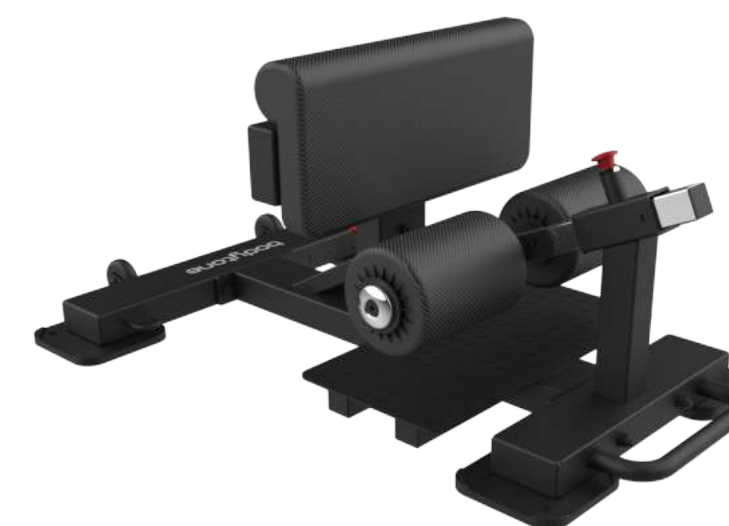
Recommended for quadriceps, glutes, soleus and abdominal exercises.

DIMENSIONS

102 x 710 x 471 cm

NET WEIGHT

33 kg





LEG SMITH

BBLS

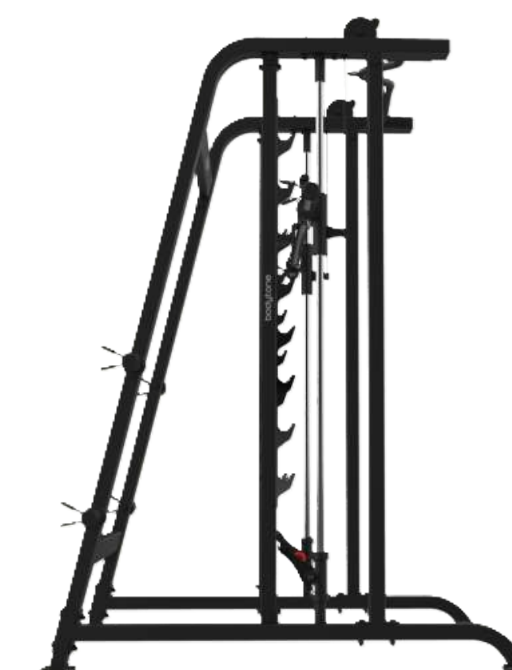
Barbell presses, shoulder presses, squats. Recommended for guided upper and lower body exercises.

DIMENSIONS

204 x 165 x 215 cm

NET WEIGHT

175 kg





LEG POWER RACK

BBSC

Barbell presses, shoulder presses, squats. Recommended for upper and lower body training exercises.

DIMENSIONS

149 x 132 x 218 cm

NET WEIGHT

133 kg





MULTI

BBM

Recommended for upper body training exercises.

DIMENSIONS

141 x 82.5 x 46 cm

NET WEIGHT

42 kg





UTILITY

BBU

Recommended for upper body training exercises.

DIMENSIONS

123 x 68 x 95 cm

NET WEIGHT

53 kg





FLAT

BBF

Recommended for upper body training exercises.

DIMENSIONS

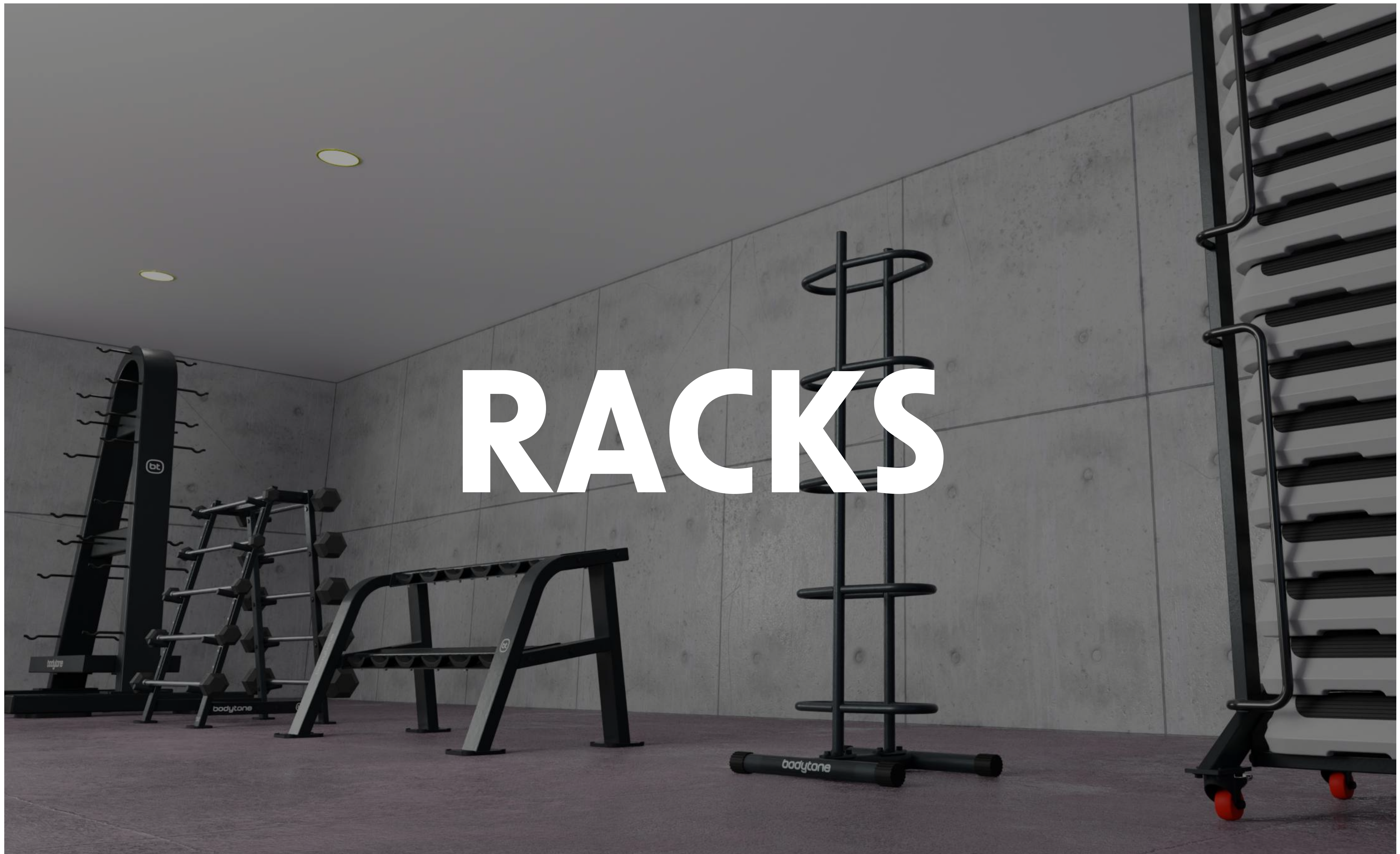
136 x 68 x 42 cm

NET WEIGHT

25 kg



RACKS



BOLD RACKS Product Map



RACK BARBELL



RACK WEIGHT PLATE



RACK DUMBBELLS 6



RACK DUMBBELLS 12



RACK WALL BARS



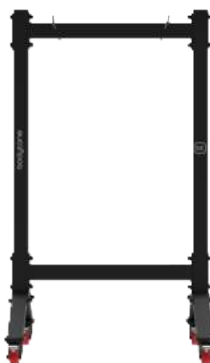
RACK BARS



RACK BUMPERS



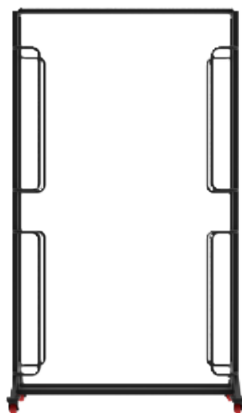
RACK MEDICAL BALL



RACK MATT



RACK VINYL DUMBBELLS



RACK STEPS



RACK KETTLEBELLS



SUSPENSION KIT



RACK FITNESS PUMP SET



RACK ACCESORIES



RACK BARBELL

BRB

STORAGE

Storage capacity of 10 bars with fixed weight.
2 x 5 kg. / 1 x 7.5 kg. / 1 x 10 kg. / 1 x 12.5 kg. /
1 x 15 kg. / 1 x 17.5 kg. / 1 x 20 kg. / 1 x 22.5 kg. /
1 x 25 kg

DIMENSIONS

934 x 75 x 120 cm

NET WEIGHT

43 kg





RACK WEIGHT PLATE

BRWP

STORAGE

8 chromed supports for loading Olympic discs of ø48mm and 190mm wide.

DIMENSIONS

102 x 72 x 116 cm

NET WEIGHT

39 kg





RACK DUMBBELLS 6

BRD6

STORAGE

Holds 6 pairs of dumbbells, either round or hexagonal.

DIMENSIONS

162 x 73 x 73 cm

NET WEIGHT

64 kg





RACK DUMBBELLS 12

BRD12

STORAGE

Holds 12 pairs of dumbbells, either round or hexagonal.

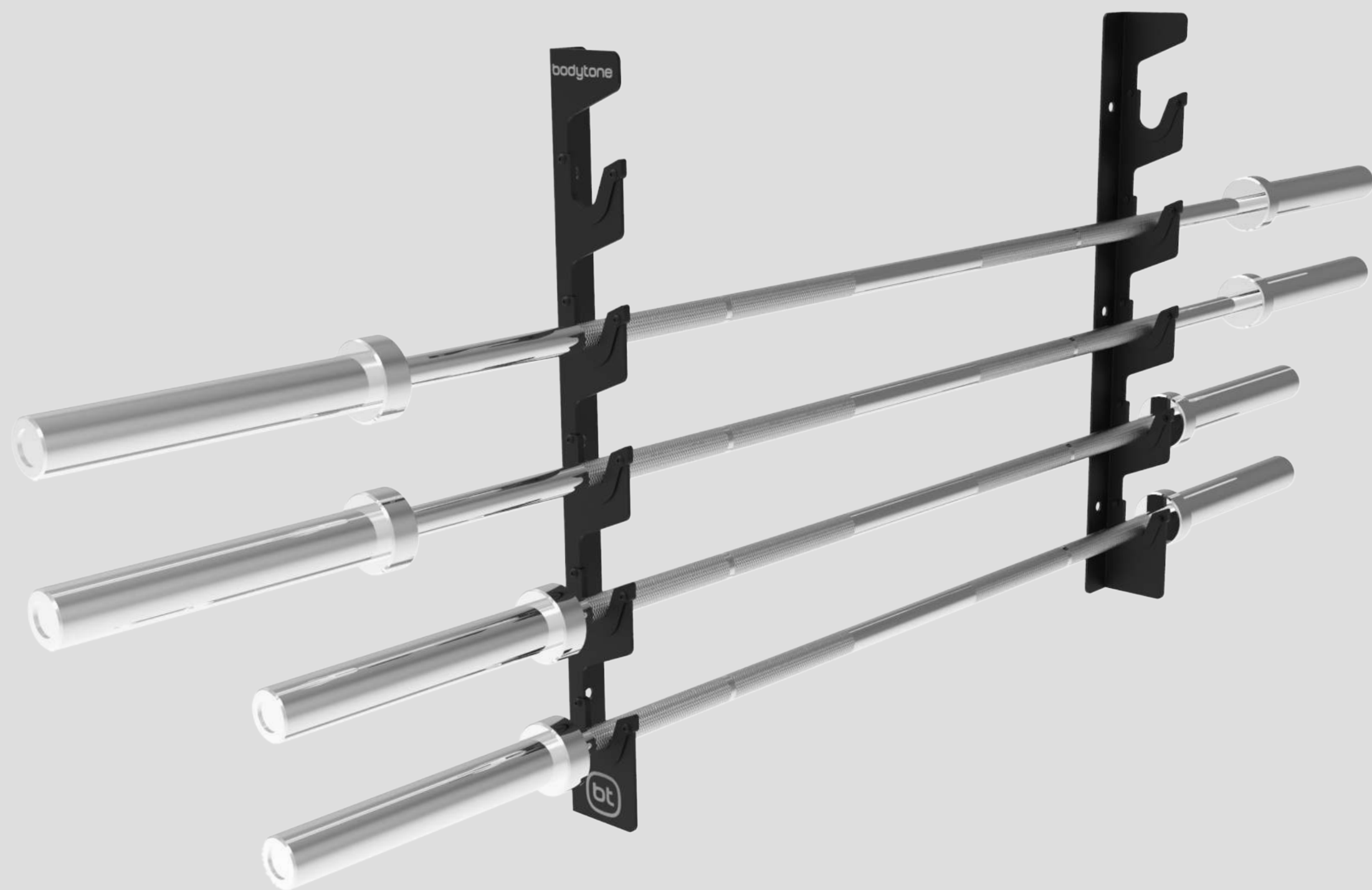
DIMENSIONS

296 x 73 x 73 cm

NET WEIGHT

95 kg





RACK WALL BARS

BRWB

STORAGE

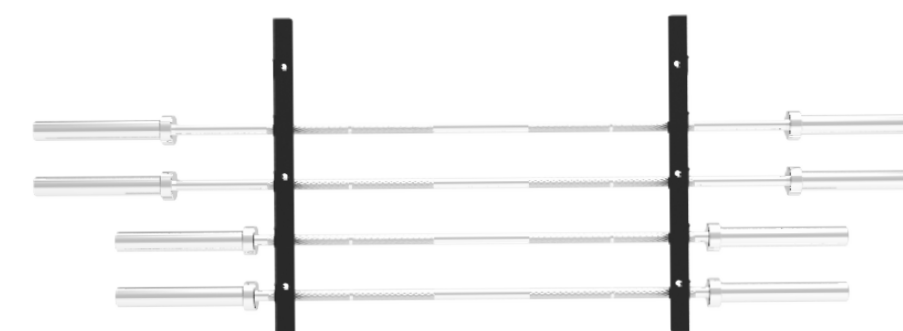
Holds 5 Olympic bars, ø52mm.

DIMENSIONS

9,7 x 5,2 x 77,4 cm

NET WEIGHT

4,5 kg





RACK BARS

BRB

STORAGE

Holds 8 Olympic bars, ø52mm.

DIMENSIONS

102 x 72 x 116 cm

NET WEIGHT

27 kg





RACK BUMPERS

BRBU

STORAGE

Composed of 5 tubes for 78 cm bumper plates.

DIMENSIONS

278 x 65 x 88 cm

NET WEIGHT

42 kg





RACK MEDICAL BALL

BRMB

STORAGE

Capacité de 10 ballons de médecine.

DIMENSIONS

60.5 x 44.7 x 154 cm

NET WEIGHT

18 kg





RACK MATT

BRM

STORAGE

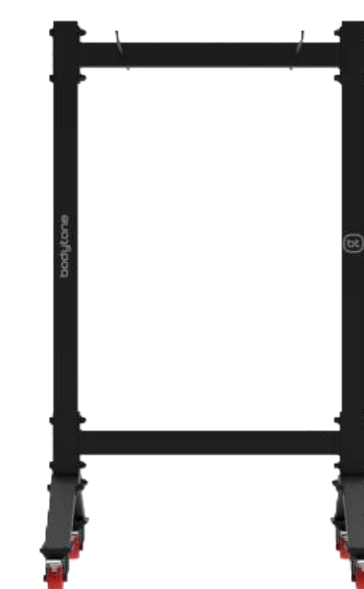
30 unités aprox. (15 de chaque côté).

DIMENSIONS

69 x 77 x 134 cm

NET WEIGHT

17 kg





RACK VINYL DUMBBELLS

BRVD

STORAGE

8 canaux pour empiler des haltères en vinyle.
Hauteur de chaque canal 700mm.

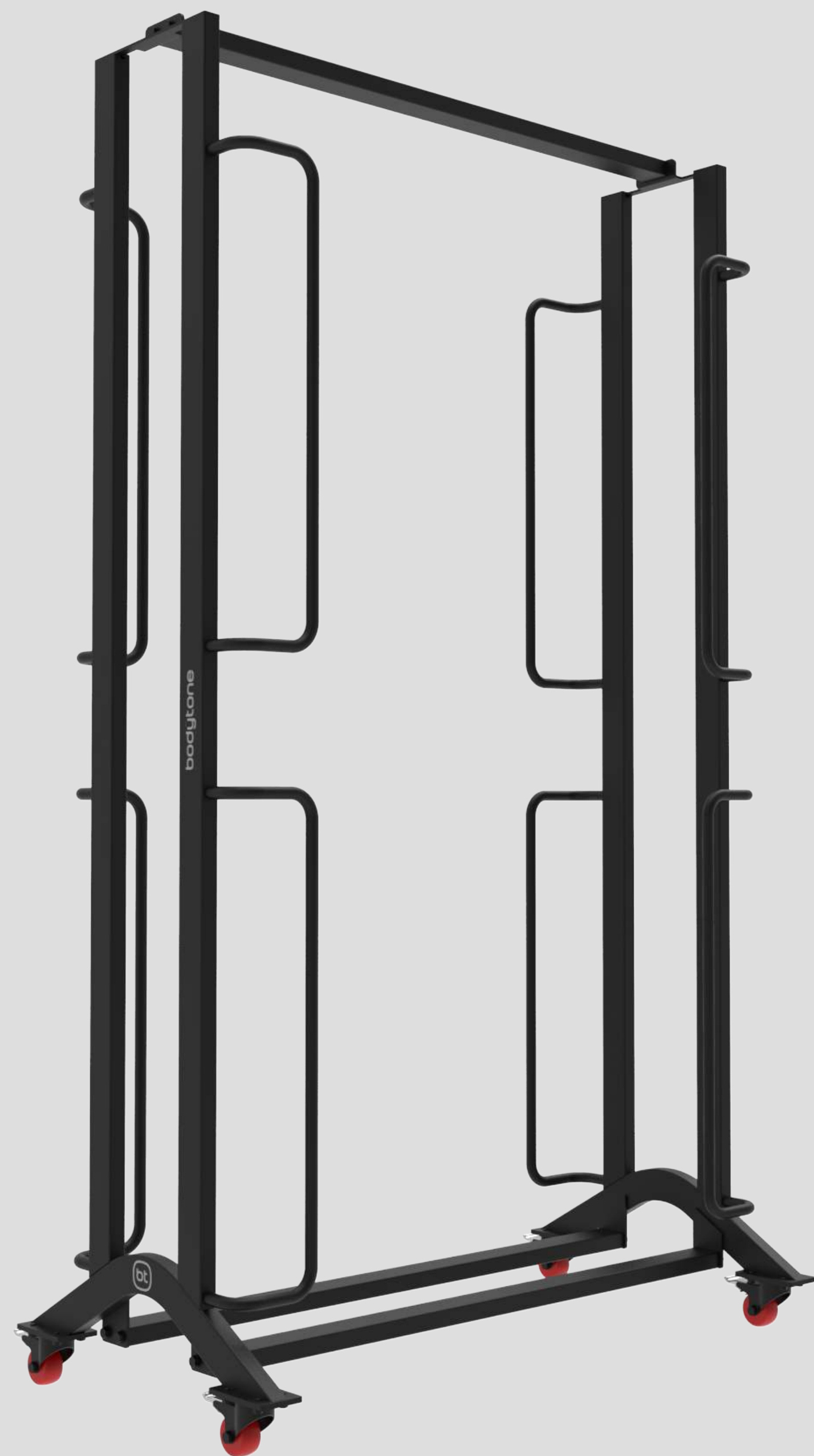
DIMENSIONS

54 x 102 x 97,5 cm

NET WEIGHT

53 kg





RACK STEPS

BRS

STORAGE

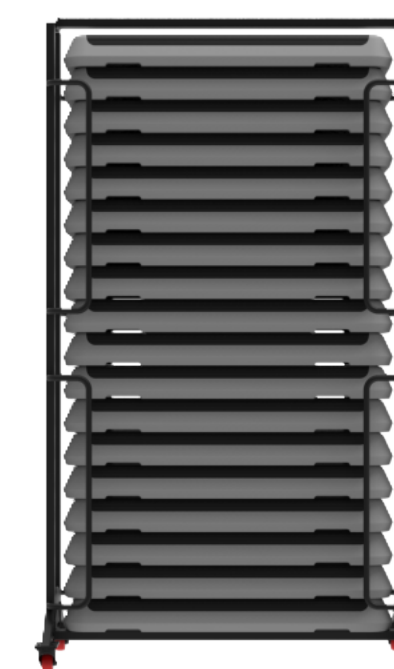
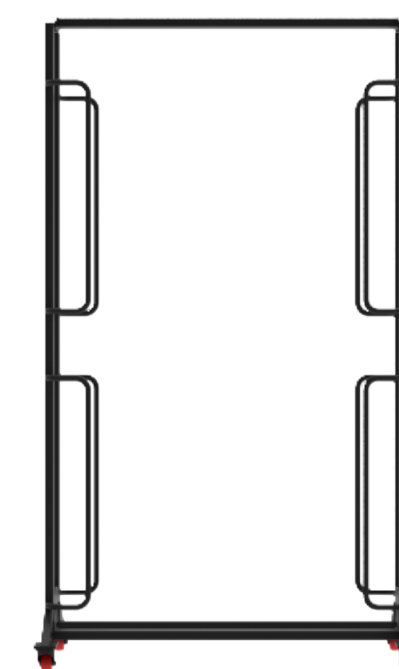
Capacité pour 18 steps.

DIMENSIONS

125.5 x 70 x 218 cm

NET WEIGHT

39 kg





RACK KETTLEBELLS

BRK

STORAGE

Capacité aproximative de 6 paires de kettlebells.

DIMENSIONS

127 x 70 x 74 cm

NET WEIGHT

53 kg





SUSPENSION KIT

BRSK

STORAGE

Supports up to 120 kg

DIMENSIONS

12 x 12 x 6 cm

NET WEIGHT

631 g





RACK FITNESS PUMP SET

BRFPS

STORAGE

11 record holders and a tray for the safety bumper storage

DIMENSIONS

93 x 71 x 142 cm

NET WEIGHT

62 kg





RACK ACCESORIES

BRA

STORAGE

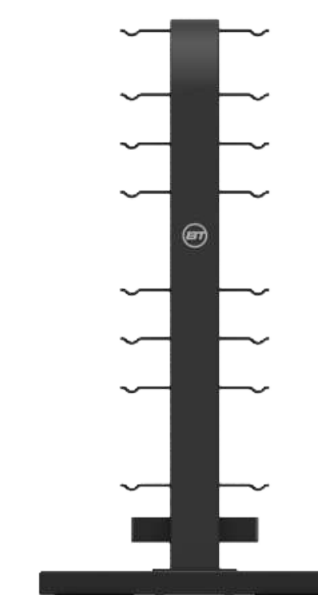
20 holders and a tray for storing accessories

DIMENSIONS

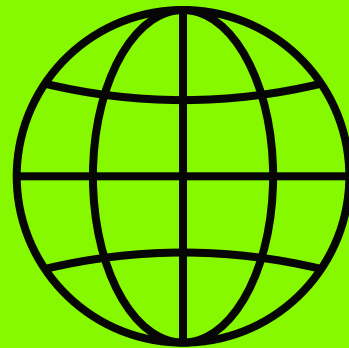
90 x 62 x 62 cm

NET WEIGHT

37 kg



Why should you choose us:



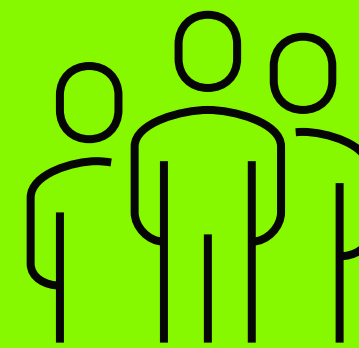
WE KNOW THE MARKET

We have a track record of more than 20 years in the fitness sector and are present in 40 countries across 50 continents.



WE OFFER THE BEST QUALITY

From the first idea, through the creation of the product and its elaborate finish, we work to ensure that our products exceed expectations.



WE HAVE A TEAM OF SPECIALISTS AVAILABLE AT YOUR DISPOSAL

At Bodytone you will always deal with professionals who will suggest the best solutions. We opt for quality people to guarantee you are able to put your confidence in us.



WE ARE WITHIN REACH

We accompany our clients during the equipping process and after sales to advise them and make everything as easy as possible.

THEY TRUST US



The background consists of several overlapping, tilted rectangles in a dark gray color, creating a layered, geometric effect. The rectangles are of varying sizes and are positioned at different angles, giving a sense of depth and movement.

bodytone

www.bodytone.eu