# bodytone

## FORZA **HERO**



**FH**23

PEC FLY / REAR DELT

# FORZAHERO

This new line is a selection of Bodytone's premium strenght machines, focusing in the user for an excelent training results. Discover all >>>



Connectivity pack screen 9" and NFC (optional)



High quality termoplastic covers



Carbon fiber finish



Ultrasilent bearings



Digital counter



Bottle and mobile holder



Upholstery ABS covers



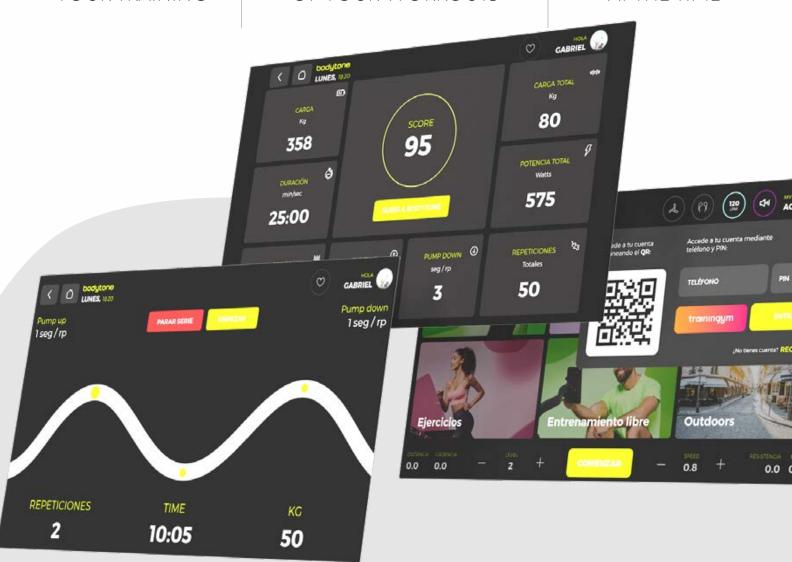
Non-slip PVC grips with aluminium caps

### SCREENTECHNOLOGY

MONITORIZE
YOUR TRAINING

**IMPROVE THE PRECISION**OF YOUR WORKOUTS

AT THE TIME



### CONNECTED TO YOUR CENTER'S APP

powered by





CONNECTIVITY PACK SCREEN 9" AND NFC (OPTIONAL)











### **FH23**

#### **EJERCICIO**

Machine to open the chest and back of the shoulder. Its double grip facilitates diversity in the angles of the exercise.

**DIMENSIONS**130 x 150 x 205 cm

WEIGHT

**WEIGHT PLATES** 

141 kg 107 kg (7 kg/placa)



#### **STRUCTURE**

Plate structure part: 140 x 75 mm carbon steel tube. Functional part: oval carbon steel tube of 100 x 50 mm and round tube of 60mm diameter. Welded by robotic process, projection free.

#### **BEARINGS**

Ultra-quiet ball bearings with smooth sliding, allowing smooth travel of the exercice more fluent and pleasant.

Measures 52 x 15 mm.

#### **PULLEYS**

V-groove nylon. With an internal bearing and quiet operation. Step diameter: 95 mm

#### **PLATE GUIDES**

Stainless steel plate guides. Hardened double chrome treatment for better sliding.

#### **STEEL WIRES**

PVC coated and 5mm in diameter, with smooth and safe performance. Breakage index test: 1,000kg. Safety terminal with steel ball joints.

#### **WEIGHT PLATES**

107 kg as standard, with 7 kg plates. Ultra-quiet movement. protective stops rubber on anti-knock base. protective stops of PVC between anti-knock plates.

#### **WEIGHT SELECTOR**

Magnetic, color-coded plates by intensity level, and safety lanyard.

#### **ADJUSTMENT LEVERS**

In aluminum, quick release, in red to facilitate its location.

#### **PLATE FAIRING**

3mm thick thermoformed ABS fairing, to protect from possible accidents.

#### **BOTTLE RACK AND UPPER STORAGE**

3mm thick thermoplastic ABS piece. Includes bottle rack and slide tray with non-slip texture.

#### **REPEATCOUNT**

As standard, integrated into the fairing.

#### **GRIPS**

Non-absorbent non-slip PVC.

#### **BACKS AND UPHOLSTERY**

Back, headrest and seat made of foam, upholstered in imitation leather, anti-allergic and easy to clean, with a carbon fiber effect texture.

#### **BACKREST COVERS**

Rear protector cover made of injected ABS. Protects and reinforces upholstery on the back.

#### **MATERIALS AND FINISHES**

High quality in its finishes.

3.5mm thermoplastic ABS ferrules.

#### **BASES**

Covered in non-slip rubber.

#### **ARMS MOVEMENT**

Isolateral independent movement.

#### MAINTENANCE AND LUBRICATION

Lubrication of bearings and calibrated steel quides.



#### **PAINTING PROCESS**

3 coats of paint. Pickled and stabilized steel by total immersion of the parts in different degreasing solutions to guarantee a perfect and complete cleaning of the base material. Anti-rust primer to ensure proper isolation of internal oxidation and good paint adhesion. In addition, it has 2 final layers of epoxy polyester powder paint dried at 240°C.

#### **DESIGN PROCESS**

Study of biomechanics and ergonomics under the supervision of associated professionals and athletes. After a long design period; From the sketch, engineering research, prototyping and testing by professional athletes, our products go to market.

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