

bodytone

FORZA **HERO**



FH20

SHOULDER PRESS

FORZAHERO

This new line is a selection of Bodytone's premium strenght machines, focusing in the user for an excelent training results. Discover all >>>



Connectivity pack
screen 9" and NFC (optional)



High quality
termoplastic covers



Carbon fiber finish



Ultrasilent bearings



Digital counter



Bottle and
mobile holder



Upholstery
ABS covers



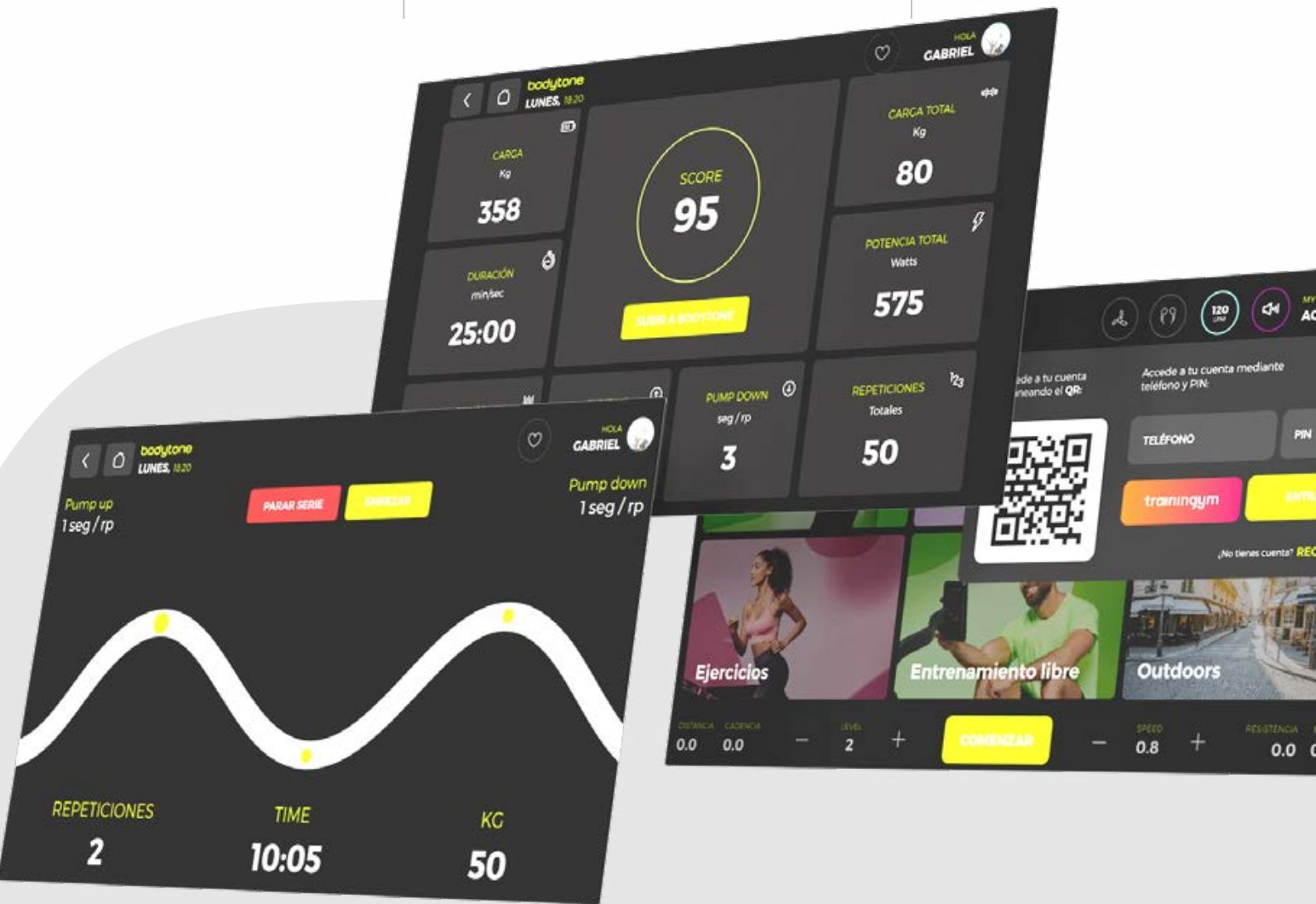
Non-slip PVC grips
with aluminium caps

SCREEN**TECHNOLOGY**

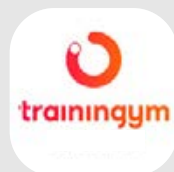
MONITORIZE
YOUR TRAINING

IMPROVE THE PRECISION
OF YOUR WORKOUTS

INTERACTIVITY
AT THE TIME



**CONNECTED TO
YOUR CENTER'S APP**
powered by



CONNECTIVITY PACK SCREEN 9" AND NFC (OPTIONAL)

FORZA HERO SHOULDER PRESS

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FH20

EXERCICE

Shoulder press machine. Works the deltoid, rhomboid, and upper pectoral muscles.

DIMENSIONS

155 x 149 x 162 cm

WEIGHT

152 kg

WEIGHT PLATES

107 kg (7 kg/plate)

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STRUCTURE

Plate structure part: 140 x 75 mm carbon steel tube. Functional part: oval carbon steel tube of 100 x 50 mm and round tube of 60mm diameter. Welded by robotic process, projection free.

BEARINGS

Ultra-quiet ball bearings with smooth sliding, allowing smooth travel of the exercise more fluent and pleasant. Measures 52 x 15 mm.

PULLEYS

V-groove nylon. With an internal bearing and quiet operation. Step diameter: 95 mm

PLATE GUIDES

Stainless steel plate guides. Hardened double chrome treatment for better sliding.

STEEL WIRES

PVC coated and 5mm in diameter, with smooth and safe performance. Breakage index test: 1,000kg. Safety terminal with steel ball joints.

WEIGHT PLATES

107 kg as standard, with 7 kg plates. Ultra-quiet movement. protective stops rubber on anti-knock base. protective stops of PVC between anti-knock plates.

WEIGHT SELECTOR

Magnetic, color-coded plates by intensity level, and safety lanyard.

ADJUSTMENT LEVERS

In aluminum, quick release, in red to facilitate its location.

PLATE FAIRING

3mm thick thermoformed ABS fairing, to protect from possible accidents.

BOTTLE RACK AND UPPER STORAGE

3mm thick thermoplastic ABS piece. Includes bottle rack and slide tray with non-slip texture.

REPEATCOUNT

As standard, integrated into the fairing.

GRIPS

Non-absorbent non-slip PVC.

BACKS AND UPHOLSTERY

Back, headrest and seat made of foam, upholstered in imitation leather, anti-allergic and easy to clean, with a carbon fiber effect texture.

BACKREST COVERS

Rear protector cover made of injected ABS. Protects and reinforces upholstery on the back.

TOWEL FIXING SYSTEM

Located at the rear of the head. Metallic with elastic rubber for easy hooking to the towel, favoring the fastening to the backrest.

MATERIALS AND FINISHES

High quality in its finishes.
3.5mm thermoplastic ABS ferrules.

BASES

Covered in non-slip rubber.

ARMS MOVEMENT

Isolateral independent movement.



MAINTENANCE AND LUBRICATION

Lubrication of bearings and calibrated steel guides.

PAINTING PROCESS

3 coats of paint. Pickled and stabilized steel by total immersion of the parts in different degreasing solutions to guarantee a perfect and complete cleaning of the base material. Anti-rust primer to ensure proper isolation of internal oxidation and good paint adhesion. In addition, it has 2 final layers of epoxy polyester powder paint dried at 240°C.

DESIGN PROCESS

Study of biomechanics and ergonomics under the supervision of associated professionals and athletes. After a long design period; From the sketch, engineering research, prototyping and testing by professional athletes, our products go to market.

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www.bodytone.eu