

USER MANUAL

ACTIVE BIKE 200



bodytone

1. ESPECIFICACIONES:

TIME	00:00 - 99:59
SPEED	0:0-99 km/h o ml/h
DISTANCE	0:000-999.9 km o ml
ODÓMETER	0-9999 km o ml
PULSE	40-240 bpm
CALORIES	0.0 -9999 kcal

KEY FUNCTIONS:

This key allows you to select and lock a particular function that you want.

OPERATION PROCEDURES:

AUTOMATIC ON/OFF: The system turns on when any key is pressed or when it receives a signal input from the speed sensor. The system automatically shuts down when the sensor has no signal input or no keys are pressed for approximately 4 minutes.

REBOOT: The unit can be reset by changing the battery or by pressing the Mode key for 3 seconds.

WAY: To choose SCAN or LOCK if you don't want the scan mode, press the MODE key when the pointer of the function you want starts flashing.

FUNCTIONS:

TIME: Press the MODE key until the pointer advances to TIME. The total working time will be displayed.

SPEED: Press the MODE key until the pointer advances to SPEED. The total working time will be displayed.

DISTANCE: Press the MODE key until the pointer advances to DISTANCE. The distance of each workout will be displayed.

ODOMETER* (IF EQUIPPED): Press the MODE key until the pointer advances to ODOMETER. The total cumulative distance will be displayed.

PULSE* (IF EQUIPPED): Press the MODE key until the pointer advances to PULSE. The user's current heart rate will be displayed in beats per minute. Place the palms of your bracelets on both contact pads (or place the ear-clip in your ear) and wait 30 seconds to get the most accurate reading.

CALORIES: Press the MODE key until the pointer advances to CALORIES. The calories burned will be displayed.

SCAN: Automatic display of the following functions in the order shown: TIME, SPEED, DISTANCE, PULSE (if you have), CALORIES (if you have).

BATTERY: This monitor uses one or two batteries (if it has the PUEE function), if it is displayed incorrectly on the monitor, please reinstall the batteries to get a good result.

bodytone