

bodytone

**FORZA CROSSOVERS**LINE



**FCIS**  
ONE STATION



#### **DIMENSIONS**

145 x 126 x 234cm.

#### **NET WEIGHT**

175.5 kg

#### **STRUCTURE**

Carbon steel tube 75x50 cm / 60x60 cm / 50x50 cm and 2.5 mm thick. Welded by robotised process, free of projections.

#### **BEARINGS**

Ultra-quiet ball bearings with smooth sliding, allowing a more fluid and pleasant running of the exercise.

#### **PLATE GUIDES**

Stainless steel plate guides. Double hardened chrome plating treatment for a better sliding.

#### **POLES**

Nylon with V-groove. With an internal bearing internal bearing and silent running.

#### **STEEL CABLES**

PVC coated and 5 mm diameter, with smooth and safe performance. Breakage rate breakage: 1.000 kg

#### **WEIGHT PLATES**

90 kg with 4.5 kg plates. Ultra silent movement. Protective rubber bumpers on anti-shock base. Protective PVC bumpers between anti-shock plates.

#### **WEIGHT SELECTOR**

Magnetic, with colour coded plates for intensity level and safety cord.

#### **ADJUSTMENT LEVERS**

In aluminium, quick release, in red for easy location.

#### **PLATE FAIRING**

ABS thermoformed fairing 3mm thick, protecting from possible thickness, protecting from possible accidents.

#### **ADJUSTABLE PULLEY GUIDE**

Adjustable in 35 slotted and laser marked positions. Chromed finish.

#### **ADJUSTABLE PULLEY GRIPS**

Lateral grips for the correct support in different exercises.

#### **ADJUSTABLE PULLEY STATION**

Double station with central adjustable pulley, with double bearing by means of positioner. Zinc plated finish.

#### **STATION WITH LOW ROWING PULLEY**

Double station with low rowing pulley with footrest and seat.

#### **STATION WITH HIGH PULLEY FOR BACKSTROKE**

Double station with low backstroke pulley with seat and height adjustable rollers.

#### **STATION WITH HIGH TRICEPS PULLEY**

Double station with triceps pulley, with lumbar support for a better exercise position.

## **FCIS ONE STATION**

**HANDLES**

One hand grip handlebar (2 pcs), ankle brace (2 pcs) included.  
Low rowing handles (2 pcs), dorsal bar (2 pcs) and triceps rope (2 pcs) included.

**MATERIALS AND FINISHES**

High quality finishes.  
3.5mm thermoplastic ABS end caps.

**BASES**

Covered in non-slip rubber.

**MAINTENANCE AND LUBRICATION**

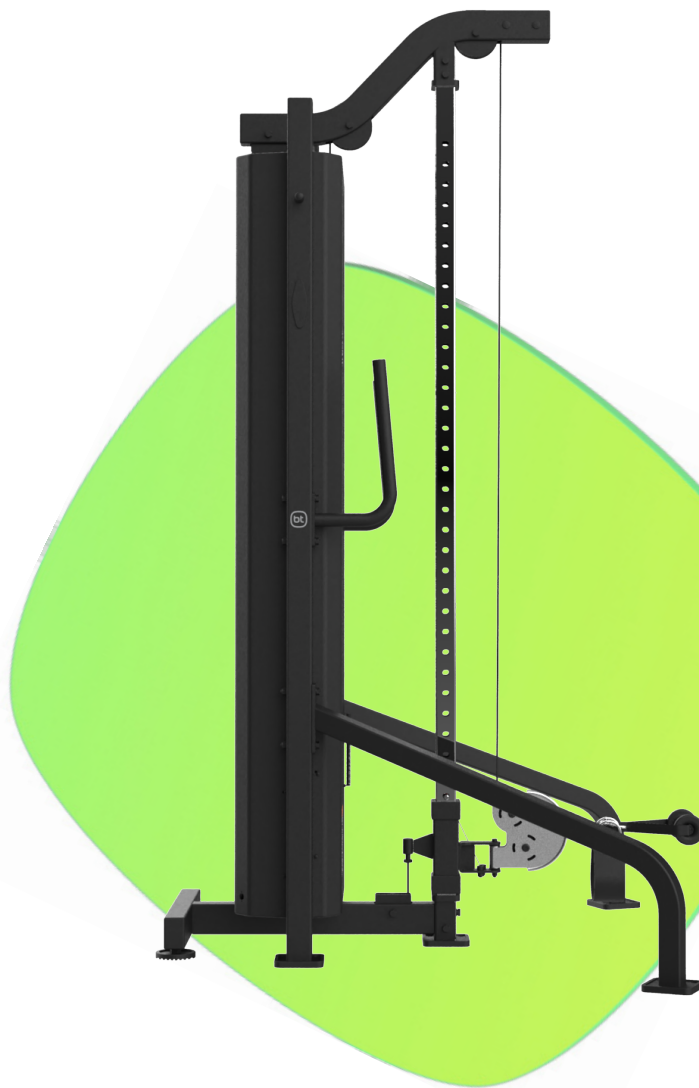
Lubrication of bearings and calibrated steel guides.

**PAINTING PROCESS**

3 coats of paint.  
Steel pickled and stabilised by total immersion of the parts in different degreasing solutions to guarantee a perfect and complete cleaning of the base material. Anti-rust primer to guarantee adequate insulation from internal oxidation and good paint adhesion. 2 final coats of polyester epoxy powder paint, dried at 240°C.

**DESIGN PROCESS**

Biomechanics and ergonomics study under the supervision of professionals and associated athletes. After a long period of design; from sketching, engineering research, prototype production, testing by professional athletes, our products are launched on the market.



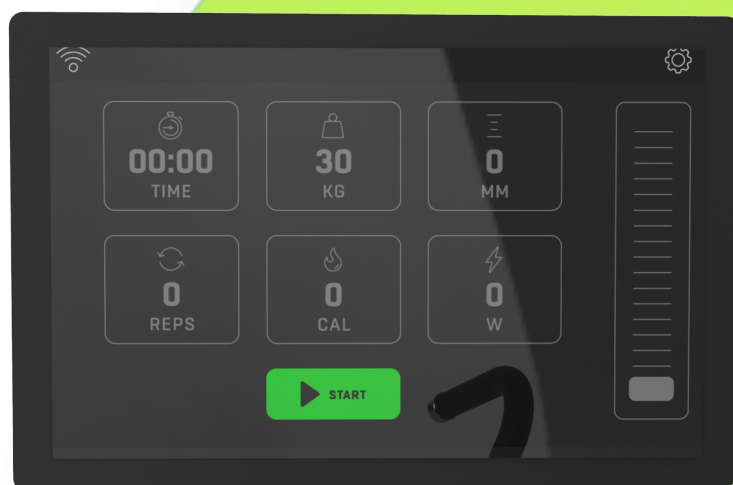
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## CONSOLE WITH CONNECTIVITY OPTIONAL IN KIT

Kit consists of:

- Plate sensors
- Android 9" screen
- Login via NFC



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