

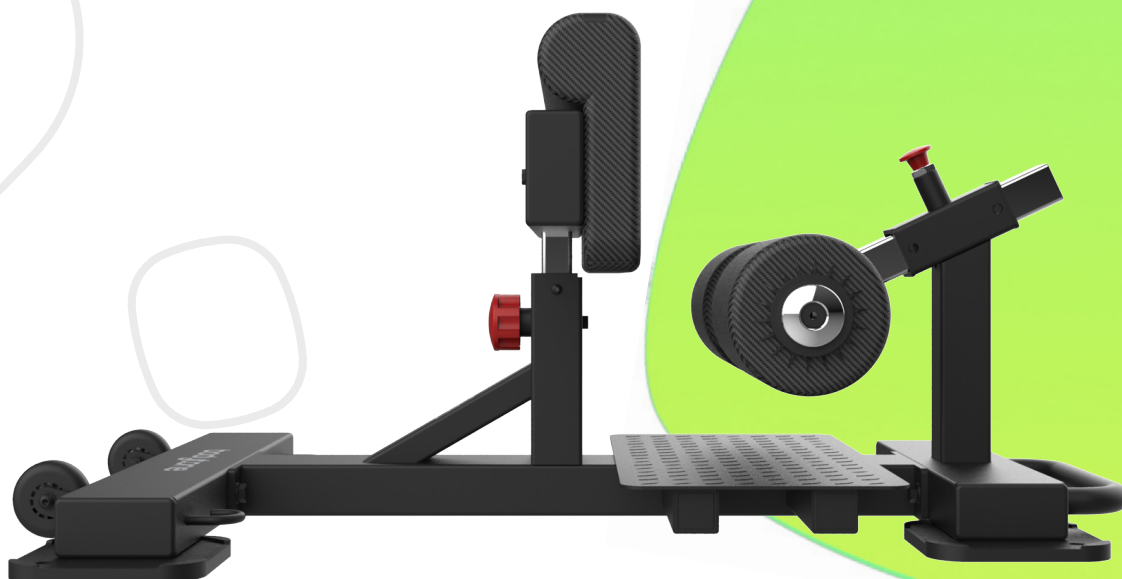
# bodytone

## BOLD BENCHES



### FBC17

#### SISSY BENCH SQUATS



#### **DIMENSIONS**

102 x 710 x 471 cm.

#### **NET WEIGHT**

33 kg

#### **STRUCTURE**

Steel tube of 100x50 cm and 2.5 mm thick, welded by robotic process, free of projections.  
6 mm plate-on-plate structural joints for an extra rigid connection.

#### **MAXIMUM USER WEIGHT**

150 kg.

#### **MATERIALS AND FINISHES**

High quality finishes.  
3.5 mm thermoplastic ABS caps.

#### **MAINTENANCE AND LUBRICATION**

Fortnightly maintenance.  
Lubrication of posts, guides, bearings and pop pin.  
Clean upholstery with a damp cloth

#### **FOOT SUPPORT**

Steel tube coated with non-slip PVC.

#### **WORK AREA**

Designed for quadriceps, glutes, soleus and ab exercises.

#### **BASES**

Coated in non-slip rubber.

#### **SCREWS**

M10 with 8.8 hardness.

#### **BACKREST FOR CALVES**

Injected with high density polyurethane foam for extra comfort, 6.5cm thick.

#### **ROLLERS**

Injected with high-density polyurethane foam, of extra high density, for extra comfort.  
The roller has a 138mm diameter and is 50mm thick.

### PAINTING PROCESS

3 layers of paint.

Pickling and dip-stabilising of the steel of all parts in different degreasing solutions to ensure perfect and complete cleaning of the base material.

Antioxidant primer to ensure adequate insulation from internal oxidation and a good paint adhesion. 2 final coats of polyester epoxy paint powder, dried at 240°C.

### DESIGN PROCESS

Biomechanic and ergonomic study, under the supervision of professionals and associated athletes. After a long design period – through drafting, engineering research, prototype production, and testing by professional athletes – our products go on sale.

