bodytone BOLD BENCHES



FBC10
POWER RACK



DIMENSIONS

149 x 132 x 218 cm.

NET WEIGHT

133 kg

STRUCTURE

Steel tube of 100x50 cm and 2.5 mm thick, welded by robotic process, free of projections. 6 mm plate-on-plate structural joints for an extra rigid connection.

MAXIMUM USER WEIGHT

150 kg.

LOAD CAPACITY

Ready to use with a plated barbell with a capacity of up to 200 kg. (Barbell not included).

WORK AREA

Designed for upper and lower body exercises. Barbell presses, shoulder presses, squats.

MATERIALS AND FINISHES

High quality finishes.
3.5 mm thermoplastic ABS caps.

MAINTENANCE AND LUBRICATION

Fortnightly maintenance. Lubrication of posts, guides, bearings and pop pin. Clean upholstery with a damp cloth.

BARBELL SUPPORTS

Barbell supports, adjustable to 27 positions, facilitating exercise technique.

N° OF ADJUSTMENT POSITIONS

Adjustable in 27 positions.

BASES

Coated in non-slip rubber.

PAINTING PROCESS

3 layers of paint.

Pickling and dip-stabilising of the steel of all parts in different degreasing solutions to ensure perfect and complete cleaning of the base material. Antioxidant primer to ensure adequate insulation from internal oxidation and a good paint adhesion. 2 final coats of polyester epoxy paint powder, dried at 240°C.

DESIGN PROCESS

Biomechanic and ergonomic study, under the supervision of professionals and associated athletes. After a long design period - through drafting, engineering research, prototype production, and testing by professional athletes - our products go on sale

