

bodytone

BOLD BENCHES



FBC03

ADJUSTABLE BENCH

**DIMENSIONS**

141 x 82,5 x 46 cm.

NET WEIGHT/GROSS WEIGHT

42 kg / 49 kg.

STRUCTURE

Steel tube of 100x50 cm and 2.5 mm thick, welded by robotic process, free of projections.
6 mm plate-on-plate structural joints for an extra rigid connection.

MAXIMUM USER WEIGHT

150 kg.

POSITIONERS

Techno polymer pop pin positioner, fixing the position gently yet firmly.

GRIPS

Made of steel, with non-slip PVC cover and aluminium trims.

MOBILITY

Integrated transport wheels.

BACKREST AND SEAT

Injected with high density polyurethane foam for extra comfort, 6.5cm thick:

UPHOLSTERED

Carbon fibre leather-like finish. Great durability against friction and wear. Anti-sweat and antibacterial treatment.

ADJUSTMENT POSTS

70 x 30mm steel tube on a 6mm thick plate.

N° OF ADJUSTMENT POSITIONS

9-position adjustable backrest and 4-position adjustable seat.

WORK AREA

Designed for upper and lower body exercises. Barbell presses, shoulder presses, squats.

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MATERIALS AND FINISHES

High quality finishes.
3.5 mm thermoplastic ABS caps.

BASES

Coated in non-slip rubber.

SCREWS

M10 with 8.8 hardness.

MAINTENANCE AND LUBRICATION

Lubrication of bearings and calibrated steel guides.

PAINTING PROCESS

3 layers of paint.

Pickling and dip-stabilising of the steel of all parts in different degreasing solutions to ensure perfect and complete cleaning of the base material. Antioxidant primer to ensure adequate insulation from internal oxidation and a good paint adhesion. 2 final coats of polyester epoxy paint powder, dried at 240°C.

DESIGN PROCESS

Biomechanic and ergonomic study, under the supervision of professionals and associated athletes. After a long design period – through drafting, engineering research, prototype production, and testing by professional athletes – our products go on sale.



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