

bodytone

LINEAFORZA BENCHES



FBC01

SMITH



MEASUREMENTS

204 x 165 x 215 cm.

NET WEIGHT/GROSS WEIGHT

175 kg / 199kg.

STRUCTURE

Steel tube of 100x50 cm and 2.5 mm thick, welded by robotized process, free of projections. Structural connection plates of 6mm plate against plate, for an extra rigid union.

COUNTERWEIGHTS

Yes, 11 kg. Making the machine's stroke smoother.

BEARINGS

Linear bearings to avoid noises and allow a smoother sliding and to allow a smoother sliding, allowing a smooth and pleasant exercise.

GUIDES

Calibrated carbon steel of 25mm. avoiding buckling.
Double hardened chrome plating treatment for better sliding.

PULLEYS

Nylon with an internal bearing and silent operation.

LOAD CAPACITY

Bar with capacity up to 200 kg without deformation.
35mm diameter grip.

Load sides of 325 mm on each side of 48 mm diameter with chrome finish.
Protective rubber bumpers.

DISC LOAD SUPPORTS

4 chrome-plated Olympic disc load supports of 48 mm diameter and 190 mm wide. Protective rubber stopper.

ADJUSTERS

Position locking by turning the bar.
6mm chrome-plated rack. with 8 adjustment positions to adapt the initial or final height to different users.

SAFETY SUPPORTS

Height adjustable safety supports to avoid any incidence or injury.

PULL-UP BAR

Upper pull-up bar with multi-grip and upper ring.

WORK AREA

Indicated for guided upper and lower body upper and lower body guided exercises. Barbell presses, shoulder presses, squats.

MATERIALS AND FINISHES

High quality finishes.
3.5mm ABS thermoplastic ferrules.

BASES

Covered with non-slip rubber.

MAINTENANCE AND LUBRICATION

Lubrication of bearings and calibrated steel guides.

PAINTING PROCESS

3 coats of paint.

Steel pickled and stabilized by total immersion of the parts in different degreasing solutions to guarantee a perfect and complete cleaning of the base material. Anti-rust primer to ensure adequate insulation from internal oxidation and good paint adhesion. 2 final coats of polyester epoxy powder paint, dried at 240°C.

DESIGN PROCESS

Biomechanics and ergonomics study under the supervision of professionals and associated athletes. After a long period of design; from sketching, engineering research, prototype production, testing by professional athletes, our products are launched on the market.

